



St. George District Athletic Club Inc.

Incorporated 1992
Successor to St. George District Amateur Athletic Club Founded 1921
Affiliated to Athletics NSW

16 Bunbury Avenue
SUTHERLAND
NSW 2232

22 August 2009

Dear Club Member

Athletics NSW has advised that no more registrations will be accepted for the six months ending 30 September 2009, and shortly they shall be accepting registrations for the year commencing 1 October 2009. From 1 October, annual registrations will be brought into line with Little A's registration period from 1 October to the following 30 September.

Once again, registration forms and procedures for registering athletes, officials and coaches are to be processed online with Athletics NSW by the Club, and cannot be done directly by individual Club members. Registrations for all categories can now be accepted by our Club Registrar for 2009-10. Any members wishing to register as Winter Only Athletes and run in Summer Cross Country races should register as Club Athletes (same fee) to be covered by insurance, and they will be automatically upgraded to Winter Only Athletes by the Club after 1 April 2010. This is the earliest date that Athletics NSW shall take registrations for Winter Only Athletes.

The St. George Club Membership charges comprise the ANSW fee, as well as a Club Membership fee of approximately \$7 to cover the compulsory affiliation fee and compulsory insurance coverage paid separately by our Club to ANSW.

Athletics NSW insists that all competing athletes be insured. Unregistered members wishing to compete in Club events are allowed two trialling runs, but will be treated as being uninsured after these two runs. Any insurance claim after two trialling runs would have to be made to our Club, and to protect itself against insurance claims, the Club shall also be enforcing this policy of allowing only two trialling runs before registration. To compete in Athletics NSW events, members must be registered beforehand.

Of immediate concern therefore is the registration of all athletes who wish to participate after 1 October 2009 in either track and field events or in summer cross country events. Anyone competing in these events **must** be registered, as all athletes need to be registered to be insured.

Pre-printed registration forms are attached. Please correct any changes to the details on the form. Registration Forms with payment will be accepted at Scarborough Park on Saturday 29th August, or by mailing directly to me at the above address. Also, Kim Delaney and David Edwards will also be accepting registration forms at Summer Cross Country days set to commence in late October. Please check the Club's website for the dates for the 2009-10 Summer Cross Country program.

As in previous years, the Club is holding a dinner on Tuesday 22 September at the Brighton-le-Sands Amateur Fishermen's Club to celebrate the start of the Track Season and end of the Cross Country season. We are meeting between 6:30pm to 7:00pm for orders to be taken at 7:30pm. Please book with Albie Thomas (9587 2356) well before the evening. Details are also included on the reverse side.

We look forward to seeing cross country runners shortly at Scarborough Park, and track and field athletes at our Club dinner on Tuesday 22 September. Keep up to date with Club activities on our website www.sgdac.org

Dennis Jolliffe