



FOUNDED 1921

St. George District Amateur Athletic Club

Headquarters:

Track: Harold Fraser Oval

Distance: Scarborough Park

63rd ANNUAL REPORT

Statement of Accounts
for the year ending 31st March, 1984

OFFICE BEARERS 1983/84

PATRON: H.G. CARRUTHERS (N.S.E.)

PRESIDENT: A.A. GAINSFORD (D.&M.)

SENIOR VICE-PRESIDENTS: R. NASH, A. BODAL, A. THOMAS

VICE-PRESIDENTS:

W. MORRISON, G. PUNCH, F. WALKER, B. BANNON, W. CRABTREE, K. RYAN, E. RATHBONE, J. TYNAN, B. O'CONNOR, F. EGGLETON, R. JOLLIFFE, L. WILLIAMS, D. WILSON, S. DONNELLY, W. BIRD, G. PAGE, G. FREEMAN, H. MORDNEY, W. DALTON, R. GRIBBLE, D. JOLLIFFE, A. HENDERSON, H. SIBBONS, L. BOSMAN, G. AVERY.

Hon. General Secretary: P. PHILLIPS (until 16/8/83)

Minutes Secretary: MISS K. DAVIS

Hon. Treasurer: S. JOLLIFFE

Hon. Distance Secretary: A. STAPLES

Assist Distance Secretary: D. JOLLIFFE

Hon. Track Secretary: S. WILCOX

Assist Track Secretary: A. DAVIS

Hon. Auditor: D. CASTLE

Executive: A.A. GAINSFORD (CHAIRMAN), D. JOLLIFFE, P. PHILLIPS (until 16/8/83), A. STAPLES, S. WILCOX, A. DAVIS, G. GRIBBLE, Mrs. E. SCOTT, A. THOMAS, A. ARDALL, A. PEEK, S. DONNELLY.

Delegates to Management Council: A. GAINSFORD, P. PHILLIPS, A. DAVIS, A. PEEK.

Delegates to Interclub: A. GAINSFORD, P. PHILLIPS.

Delegate to Harrier Committee: A. STAPLES.

Track Captain: A. PEEK. Track Vice-Captain: C. SAMS

Distance Captain: G. WHITEMAN Dist. Vice-Captain: A. ARDALL

Publicity Officers: A. PEEK, A. GAINSFORD, P. PHILLIPS, H. ENNEVER

Social Committee: Mrs. T. PAGE (President), Mrs. J. GRIBBLE (Secretary), Mrs. C. DRAY (Treasurer).

Selectors: Track: S. WILCOX, A. PEEK, A. DAVIS.

Distance: A. STAPLES, S. DONNELLY, A. ARDALL, A. PEEK, G.

WHITEMAN

Handicappers: Senior: S. DONNELLY

(Distance) Intermediate, Div 1: Mrs. C. BELMARE

Div 2: A. PEEK

Under 15: P. TONDE

Under 13: S. COOK

Under 9: A. PEEK

Coaches: R. NASH, R. ENNEVER, A. PEEK, A. THOMAS, R. GRIBBLE, K. SHONY, G. WHITEMAN.

Starters: R. PATMORE, S. DONNELLY, A. PEEK, T. IRWIN.

Gear Stewards: S. DONNELLY, K. JENKINS, T. IRWIN, G. SCOTT, A. PEEK, S. WILCOX.

First Aid Officers: A. ARDALL, R. NASH.

LIFE MEMBERS

A. A. GAINSFORD (D.R.M.)	1922
M. J. HASLER *	1922
B. C. BUTTON	1927
M. AHERN *	1935
A. GOULD	1945
J. BOWERS	1971
D. JOLIFFE	1971
D. WILSON	1971
R. BRIBBLE	1975
A. THOMAS	1982
G. CARRUTHERS	1983

* Deceased

MERIT AWARDS

F. EDGLEYTON	1979
N. MCDONNEY	1975
G. PAGE	1975
A. THOMAS	1975
F. THORNTON	1975
L. WILLIAMS	1975

CLUB MEMBERSHIP 1983-84

	1979-80	1980-81	1981-82	1982-83	1983-84
Senior	127	99	78	70	65
Under 20	29	30	22	11	8
Under 16 *	17	19	24	47	21
Under 14 †	56	52	34	35	34
Under 12	12	12	7	14	21
Associate	9	13	12	2	2
Officials	16	14	16	25	19
	237	241	195	205	202

* Under 17 prior to 1982-83

† Under 15 prior to 1983-84

53RD ANNUAL REPORT & BALANCE SHEET
 PRESENTED TO MEMBERS AT THE ANNUAL GENERAL MEETING HELD AT SCARBOROUGH PARK
 NATIONAL FITNESS HALL, BANGGATE ON FRIDAY, 29TH JUNE, 1984 AT 7.45 p.m.

Ladies and Gentlemen,

The 53rd Annual Report and Balance Sheet is presented to you tonight and the report will show that our performances were no better than the previous year, mainly due to the fact that again our senior athletes' performances were not good at Interclub level, Summer and Winter, nor in State Championships.

During the year the only bright spots came from the magnificent performances of our younger athletes and the continued success of the support given to the Winter season at Scarborough Park.

Last Interclub Season (Summer) we combined with Bankstown Sports Club and the newly formed Police Club, but unfortunately their support was not as good as expected.

RESULTS INTERCLUB (OCTOBER - DECEMBER)

A Grade	5th Place	Clubs 9
B Grade	5th Place	Clubs 9
C Grade	4th Place	Clubs 9
D Grade	1st Place	Clubs 6
E Grade	2nd Place	Clubs 6

OPEN GRADES (A B C ONLY) INTERCLUB SERIES (JANUARY - MARCH) Individual Club only.

A Grade	8th Place	Clubs 13
B Grade	9th Place	Clubs 17
C Grade	2nd Place	Clubs 23

Overall Interclub performances were slightly better than the previous year. From the above results it can be seen that our senior athletes did not perform well, whereas our younger athletes in D and E Grades proved to be the best in the State.

St. George did not live up to its reputation during the past Winter season, when they failed to gain points in the Winter Interclub Competition which commenced in 1977. Our record in the Winter Interclub is as follows:

1977	1st
1978	1st
1979	2nd
1980	1st
1981	2nd
1982	5th
1983	not placed

Tom Andrews by his excellent running during the year was our best senior athlete and herewith are his most important wins and placings:

1st Sutherland Half-Marathon	63 min 40 sec	Records
1st Sutherland to Surf	31 min 38 sec	
1st Parramatta Open 10 Mile	48 min 26 sec	
3rd Australian Championships 10,000 m	20 min 48 sec	

John, by the above performances was again adjudged the Best Senior Athlete and this entitled him to the ALLEYN SAUNDERS TROPHY for the fifth year in succession. John has been attached to the Australian Institute of Sport at Canberra for the past twelve months it is a pity we do not see this talented athlete more often at Club and Interstate level.

Alan Staples and Steve Wilson, Distance and Track Secretaries, have prepared reports where all results and details are shown. While our Senior athletes, during the Winter did not perform well, Col Whittaker ran his best Raceham for 1993 in the Australian Title race being 2 Score 26 minutes 09 seconds, Col also gained eighth place in the "Distance Runner of the Year."

In the State Marathon, St. George gained third place in the team event, while Col Whittaker finished fifth in 2 hours 28 minutes 28 seconds. Brilliant 15 year older, Philip Marsons' performances during the Winter were as follows:

STATE CROSS COUNTRY CHAMPIONSHIPS

UNDER 16 YEARS 4 KM 1st 17 min 07 sec

N.S.W. ALL SCHOOLS CROSS COUNTRY CHAMPIONSHIPS

UNDER 16 YEARS 4 KM 1st 17 min 10 sec

STATE ROAD RELAYS 4 X 2 KM

FARTHEST TIME 4 KM BY SPG

The Under 16 athletes ran particularly well to win both league events in the State 4 Km Cross Country Championships and the State 4 x 2 Km Road Relay. Other athletes who performed during the Winter included Evelyn Argall, who gained 2nd place in the State U/20 5 Km Cross Country and 3rd place in the Australian Title over the same distance.

Mark Irwin gained 3rd place in the N.S.W. All Schools/Under 17 4 Km Cross Country.

Matthew Todd finished 4th in the Open 10 Km Newice Cross Country and recording the good time of 32 min 20 sec.

Knarborough Park was again very popular with large numbers of athletes competing, which resulted in very close Points Score Competitions.

The brilliant performances of our young athletes was easily the outstanding feature of the Track season and their efforts were rewarded when they won the John Treloar Shield, awarded to the Club gaining the most points in the Under 16 years N.S.W. Track & Field Seven Championships.

St. George	68 points
Randwick-Botany	60
Ryde-Hornsby	50 1/2
Campanitum	46
Sutherland	33
Macarville	29
Western Suburbs	24
Manly Warringah	20

Feel it is worthwhile recording some of the most outstanding performances of our Under 15s, 14s and 17s as follows:

N.S.W. AGE CHAMPIONSHIPS

UNDER 15	900 m	1	Nigel Nixon	2 min 02.47 sec
	1500 m	1	Nigel Nixon	4 min 17.24 sec

N.S.W. ALL SCHOOLS TRACK & FIELD CHAMPIONSHIPS

UNDER 14	400 m	1	Martin Lubrano	49.70 sec
	800 m	1	Martin Lubrano	1 min 59.00 sec

UNDER 17	800 m	1	Phillip Warren	1 min 55.40 sec
	1500 m	1	Phillip Warren	4 min 05.00 sec

Probably the outstanding effort of the Under 14 group was in the N.S.W. Relay Championships, when they won 4 relays as follows:

4 x 100 m	44.88 sec	State & Open Record
4 x 200 m		
4 x 400 m		
4 x 800 m		

Other excellent performances during the season included:

UNDER 14	100 m	Mark Jansen	11.10 sec
	200 m	Chris Davis	23.27 sec

In a younger age group Under 14 Aislin Haisler was magnificent and some of his performances are recorded below:

N.S.W. AGE CHAMPIONSHIPS

	100 m	1	17.10 sec
	200 m	1	24.22 sec
	400 m	1	53.87 sec

At the A.C.T. Championships, Canberra, he won 7 events and was second in the Long Jump. He created 4 A.C.T. Records in the 100 m, 200 m, 400 m and 800 m.

We have quite a number of brilliant young athletes appearing apart from those mentioned above including:

Alan Blue, Mark Irwin, Ian Argall, Paul Jones, Robert Fong, Harry Pavlidis, Gary Shewartz, Duncan Reardon and Chris Witheriff. With such talent so mentioned above we can look forward to the future with optimism.

Without doubt Robert Henderson was the backstop of our Senior athletes, and his allround performances during the season were excellent, gaining places in the final of both the State 100 m and 200 m. He was also selected to run in International Meetings and the Australian Track and Field Games Championships. It was most gratifying to see the fine improvement of Andrew Dunshie in sprint events and he should do very well next season.

One of the best results for our Senior runners was gaining 3rd place in the Senior State relay over 4 x 100 m, the team:

Andrew Dunshie, Craig Tass, Robert Henderson and Paul McCaffery.

Club members were highly delighted to learn that Andrew Scott and Mark Jones passed their final examinations for Medicine, meaning of course, we have two doctors in our ranks. Again our congratulations.

Mark Jones, short of condition, gained 3rd place in the State 3,000 m Steeplechase, quite a good performance.

Another good performance was that of Matthew Todd, gaining 4th place in the State Mile in 4 minutes 15.67 seconds.

Club membership has decreased from 265 to 207 but it is noticed that we have 174 competing athletes as against 177 the previous year. Senior members numbers are slowly going down and for the past three years the numbers have been 78-70 and now in 68. It is to be hoped that this number will increase next year.

From the excellent Financial Statement and Balance Sheet prepared by our Treasurer, it can be seen that the Club is in a sound financial position. This is most gratifying, but with ever increasing costs it is necessary that members support throughout the year, the Club's activities, athletically and socially.

The level of Club funds stand at \$4,090.41, approximately the same as recent years and this can be considered most satisfactory. Thanks to Club funds are thanked for their contributions and we also keep in mind those officials and members who promote and financially support Club functions throughout the year. Particular thanks to Buttercup Bakeries for their donation of \$400.

Country visits by our track athletes have again proved most successful under the management of Arthur Peak and Alan Davis.

The Ladies Social Committee again worked efficiently during the past 17 months, the Club benefiting by nearly \$7,000. These ladies are a very happy group, which is particularly noticed at Scarborough Park during the Winter season. The Committee is again headed by Tess Page, President, Jean Bebble, Secretary and Cheryl Day, Treasurer.

As usual, I feel the Club is functioning extremely well from Executive level, various committees, officials and members. We are a happy Club and I close by report a proud President and I wish you all well for the 1964-65 season.

A.A. SAINGSFORD, President.

OBITUARY

A Tribute to the late W. (Bill) Dalton, J. (Jack) Coppock and H. (Harry) Coster.

With the passing of these Gentlemen during the past twelve months members were saddened, especially the older members of the Club.

BILL DALTON: Bill and I ran in the very first race of the Club held on April 2nd, 1971, from Hareville Post Office to Bevely and return, along Forest Road. In recent years this very fine gentleman has made a Vice-President of the Club, a position he greatly appreciated.

Bill was always interested in message and many an athlete, and especially St. George athletes, received a rub "always on the house". Quite a number of athletes attended the Funeral service and I close this Tribute with my deepest sympathy for Mrs. Dalton and her family.

JACK COPPOCK: Jack joined our Club in 1950 and was associated with us until 1970, the past 20 years as Vice-President.

He was a middle of the field distance runner and was also a useful walker. For quite a number of years we ran in the Annual Coppock Trophy Day from the home of the Coppocks in Cameron Street, Rockdale. In the early 1930s the Coppock Cross Country course took in most of the airfield where the domestic planes depart. Jack's canvas enclosed waggon was also well known for taking as many as 14 young athletes in Cross Country courses as far away as Campbellton. I close this Tribute with my deepest sympathy to his wife Bill and family.

HARRY COSTER: Harry was a member of our Club for approximately ten years and during this time he acted as timekeeper, judge and gear official.

Harry, one of the older members of the Club, used to like running with the older brigade (50 years and over), particularly Cross Country and on the track. He is already missed by the older boys, who recall the many enjoyable occasions they had together. I close this Tribute with my deepest sympathy to Mrs. Coster and family.

A. A. DAINSPORD,
President.

ANNUAL AWARDS FOR THE 1993/94 SEASON

A.A. MANSFORD TROPHY: Outstanding Senior Athlete	John Andrews
ROBERT WASH TROPHY: Most Improved Senior Athlete	Robert Henderson
The L.L. BOSMAN AWARD (Performance, Sportsmanship, Deportment): Outstanding Under 20 years	Evelyn Argall
R. TOWERS TROPHY: Most Improved Under 20 years	Andrew Dunshaw
A. HENDERSON TROPHY: Outstanding Under 18 years	Philip Warren
R.A. JOLLIFFE TROPHY: Most Improved Under 18 years	Martin Lubrand
NATIONAL FITNESS TROPHY: Best Under 18 yrs Cross Country 1993	Philip Warren
A. BULL TROPHY: Outstanding Under 16 years	Nigel Nixon
G. PAGE TROPHY: Outstanding Under 14 yrs Cross Country 1993	Nigel Nixon
H. GIBBONS TROPHY: Most Improved Under 14 yrs Cross Country 1993	Nigel Nixon
F. WILSON TROPHY: Outstanding Under 14 years	Raine Hattier
L.L. BOSMAN TROPHY: Best Hurdler	Paul Jones
J.J. WALSH TROPHY: Outstanding Marathon Runner 1993	Colin Whiteman
ST. GEORGE TROPHY: Outstanding Field Athlete	Andrew Scott
RON BRIDLE TROPHY: Open Grades Track & Field: Aggregate Point Score Winner	Robert Fong
ALBERT THOMAS AWARD: Track & Field Encouragement Award for athletes from 12 years to 14 years	Tia O'Sullivan

1983 WINTER SEASON REVIEW

Alan Staples,

The 1983 winter season saw very large numbers of athletes compete each Saturday at Scarborough Park. Competition was intense and the final individual point scores were very close. Congratulations and thanks to our handicappers Stan Donnelly, Arthur Peck, Cathy Delaware, Phil Tonge and John Cook for an excellent job. Thanks also to our President, Mr. Gainsford, for keeping the afternoon's activities running as close to schedule as possible each week, and to Ron Gribble and the Ladies Social Committee for the refreshments and weekly "Dinnering Competition".

It was a lean season for senior runners. Many of our better athletes were injured or absent for much of the season. Our best senior men's team result was third in the marathon. Col Whitoman had a successful season and finished 8th in the Distance Runner of the Year Award. But St. George's strength was in the younger divisions. The Boys Under 16 team won the State 4 Km title. The Under 16 team came second in the State 6 Km title, while in the Road Relays, the Under 16 team came 1st, the Under 18 3rd and the Women's Under 20 2nd. These were the outstanding team efforts but we are most fortunate in having many promising athletes to give support and depth to our top teams.

Outstanding individual performances included:

John Andrews	1st Sutherland Half-Marathon (record)
	1st Sutherland 5k Surf
	1st Farranatta Open 10 miles
Col Whitoman	14th Australian Marathon
Philip Garner	1st NSW U/16 4 Km
	1st NSW Schools U/16 4 Km
Evelyn Argall	2nd NSW U/20 6 Km
	7th Australian U/20 6 Km
Mark Irwin	3rd NSW Schools U/17 4 Km
Nigel Nixon	3rd NSW Schools U/15 4 Km

1983 WINTER POINTSCORES

Senior Points Score	1st	Allen Argall	370
	2nd	John Irvine	354
	3rd	Tom Richards	311
Champion's Points Score (St. George League Club Trophy)		Col Whittam	44
Intermediate - Div 1	1st	Phil Tonge	287 1/2
	2nd	Tony Mann	248
	3rd	Neil McLaughlin	251 1/2
Champions Points Score		Ian Argall	49
Intermediate - Div 2	1st	Heather Jenkins	152
	2nd	John Davis	161 1/2
	3rd	Julie Page	134
Champions Points Score		John Davis	70
UNDER 15	1st	Chris Julliffe	305
	2nd	Adam Julliffe	198
	3rd	Matthew Tonge	171
Champions Points Score - Girls		Bevdrp Julliffe	70
- Boys		Nigel Nisde	70
UNDER 12	1st	Nelly Gray	300
	2nd	Narville Hocking	202
	3rd	Mark Locke	179
Champions Points Score - Girls		Natalia Orchard	58 1/2
- Boys		Ian Griddle	57

ST. GEORGE CLUB CHAMPIONS 1983

These results are based on the various N.S.W. Winter season Championships and our own Club Championship Day.

WOMEN SENIOR	1st	2nd	3rd
Netball 10 Wk CC	P. Donnelly	M. McCourt	F. Scorpelli
8 Wk Road	C. Whitman	R. Gribble	J. Irvine
12 Wk CC	C. Whitman	F. Scorpelli	P. Broome
15 Wk CC	C. Whitman	J. Irvine	B. Yuide
28 Wk Road	R. Gribble	K. Taylor	F. Scorpelli
Marathon	C. Whitman	J. Irvine	B. Yuide
UNDER 20			
8 Wk CC	F. Donnelly	J. Davis	-
8 Wk CC	J. Davis	-	-
10 Wk Road	F. Donnelly	M. Irwin	I. Argall
UNDER 18			
5 Wk CC	P. Gerran	I. Argall	D. Sheumack
6 Wk CC	M. Irwin	J. Prosser	R. Summerill
UNDER 16			
1 Wk CC	H. Nixon	G. Hignett	S. Wright
4 Wk CC	P. Warren	G. Sheumack	H. Nixon
UNDER 14			
2 Wk CC	A. Irwin	- / -	-
2 Wk CC	I. Mirabito	I. Gribble	G. Jelliffe
UNDER 12			
2 Wk CC	I. Gribble	G. Argall	M. Locke
UNDER 10			
1,5 Wk CC	G. Argall	B. Tonge	J. Tonge
WOMEN SENIOR			
10 Wk Road	K. Edwards	C. Bray	C. Delanore
8 Wk CC	K. Edwards	C. Bray	C. Delanore
5 Wk CC	K. Edwards	C. Delanore	J. Gribble
UNDER 20			
8 Wk CC	F. Argall	J. Page	-
6 Wk CC	E. Argall	J. Page	-
UNDER 14			
3 Wk CC	K. Hayes	-	-
UNDER 12			
2 Wk CC	F. Tonge	-	-
UNDER 10			
2 Wk	N. Orchard	B. Holman	M. Hocking
UNDER 10			
1,5 Wk CC	N. Orchard	B. Holman	K. Gray

ST. GEORGE CLUB CHAMPIONSHIPS

17th August at Rugegate

WFO SENIOR 6 Km Road	11 Col Willeman 29 min 51 sec
	21 Ron Griddle
	31 John Irvine
UNDER 20 5 Km CC	11 John Davin 18 min 28 sec
UNDER 18 5 Km CC	11 Phillip Warren 16 min 57 sec
	21 Ibb Argall
	31 Ray Sheumers
UNDER 16 3 Km CC	11 Nigel Nixon 10 min 54 sec
	21 Scott Hignett
	31 Stephen Wright
UNDER 14 2 Km CC	11 Ian Hinchitt 7 min 18 sec
	21 Ian Griddle
	31 Chris Julliffe
UNDER 12 1.5 Km CC	11 Geoff Argall 5 min 18 sec
	21 Beaf Tonge
	31 Jeff Tonge
WOMEN SENIOR 8 Km CC	11 Kerry Edwards 23 min 55 sec
	21 Cheryl Bray
	31 Cathy DeLamare
UNDER 20 6 Km CC	11 Evelyn Argall 18 min 44 sec
	21 Julie Page
UNDER 18 3 Km CC	11 Kim Kaye 12 min 18 sec
UNDER 16 2 Km CC	11 Kim Tonge 8 min 39 sec
UNDER 12 1.5 Km CC	11 Natalie Orchard 6 min 18 sec
	21 Benita Holmes
	31 Kelly Beep

ST. GEORGE TROPHY DAYS

RYAN MAURHAN TROPHY: SENIOR 12 Km Cross Country Handicap	
17th May at Rugegate	
11 S. Thomas 21 R. Parlane 21 J. Prowse	
Fastest time: S. McCourt 21 min 41 sec	
THE WILSON TROPHY: SENIOR 10 Km Road Handicap	
11th June at Rugegate	
11 R. Griddle 21 S. Julliffe 21 J. Prowse	
Fastest time: R. Griddle 23 min 11 sec	
OPEN PAGE TROPHY: SENIOR 12 miles Road Handicap	
23rd July at Rugegate	
11 A. Argall 21 T. O'Connor 21 J. Tonge	
Fastest time: J. Irvine 69 min 25 sec	
GEORGE PARROTTERS CUP: OPEN 2 Km Road Handicap	
26th September at Rugegate	
11 Chris Julliffe 21 Cathy DeLamare 21 Andrew Lee	
Fastest time: Noel Truitt 4 min 12 sec	

CHAMPIONSHIP RESULTS - 1983

N.S.W. SERVICE CROSS COUNTRY CHAMPIONSHIP

27th April at Ewingsdale

NSW 10 Km	11 Paul Bonnelly	37 min 58 sec
	14 Warren McCourt	38 min 21 sec
	26 Frank Scortelli	38 min 29 sec
	33 John Irvine	38 min 34 sec
	41 Doug Yalde	37 min 02 sec
	64 Ken Jenkins	40 min 44 sec
TEAMS:	3 St. George	82 points

N.S.W. MARATHON CHAMPIONSHIP

6th May at Holdsworth Army Camp

This event was held so early in the season because the Australian Marathon had been set for early June. It became quite warm during the final stages of the event but organisation was excellent.

	5 Col Whitman	2 hr 28 min 28 sec
	12 John Irvine	2 hr 50 min 21 sec
	17 Doug Yalde	3 hr 01 min 48 sec
	22 Alan Staples	3 hr 11 min 04 sec
	24 Barry Young	3 hr 14 min 33 sec
	25 Alan Withers	3 hr 18 min 48 sec
	26 Eric Wade	3 hr 30 min 38 sec
	33 Russell Withers	3 hr 35 min 25 sec
TEAMS:	3 St. George No.1	24 points
	5 St. George No.2	20 points

N.S.W. 25 Km Road Championship

22th May at Pagewood

NSW OPEN 25 Km	24 Ron Gribble	1 hr 35 min 31 sec
	30 Kevin Taylor	1 hr 36 min 56 sec
	34 Frank Scortelli	1 hr 37 min 17 sec
	45 Allen Argall	1 hr 34 min 24 sec
	52 Tom Irwin	1 hr 27 min 11 sec
	58 John Irvine	1 hr 28 min 22 sec
	62 Dave Edwards	1 hr 29 min 12 sec
	70 Dick Allen	1 hr 41 min 18 sec
	80 Bob Talley	1 hr 45 min 38 sec
	87 Tom Richards	1 hr 55 min 15 sec
	89 Bruno Mallino	1 hr 56 min 54 sec
	100 Terry O'Connor	1 hr 58 min 56 sec
TEAMS:	3 St. George No.1	137 points
	14 St. George No.2	242 points
	27 St. George No.3	274 points

NSW OPEN 10 Km	27 Dave Edwards	47 min 18 sec
	32 Cheryl Gray	50 min 14 sec
	34 Cathy Delamara	51 min 51 sec
	36 Jean Gribble	54 min 21 sec
TEAMS:	6 St. George	129 points
NSW UNDER 20 10 Km	11 Paul Bonnelly	34 min 30 sec
	25 Herb Irvine	36 min 54 sec
	29 Ian Argall	38 min 12 sec

N.L.C. 14 Hrs COUNTRY CHAMPIONSHIP
2nd July at Garsington

WPN	8 Col Dittman	56 min 12 sec
	88 John Train	41 min 52 sec
	77 Doug Yaffe	58 min 48 sec
	84 Herb Fyfe	49 min 27 sec

N.L.C. 14 Hrs COUNTRY CHAMPIONSHIP

1st July at Garsington

The highlight of this day was a splendid win in the ladies event for the ladies 18 Race and also Phillip Warren's winning the individual title.

WPN	WPN 17 Hrs	17 Col Whitman	40 min 40 sec
		48 Frank Spornelli	32 min 58 sec
		80 Pat Brown	45 min 18 sec
		68 Pat Webb	45 min 20 sec
		75 John Train	55 min 52 sec
		74 Allan Argall	45 min 54 sec
		81 Brian McGeart	44 min 30 sec
		84 Gordon Blackmore	47 min 26 sec
		100 Frank Graham	48 min 07 sec
		100 Ross Pearson	48 min 21 sec
		111 Ross Debbie	48 min 42 sec
		8 St. George	354 points

TEAMS

WPN 18 Hrs	27 Perry Edwards	10 min 19 sec
	26 Cathy Belsford	12 min 30 sec
	41 Jean Brindle	45 min 28 sec

WPN UNDER 20 8 Hrs

	10 Paul Duggan	38 min 00 sec
	22 John Barix	37 min 06 sec

WPN UNDER 20 4 Hrs

	2 Eustus Argall	28 min 18 sec
	12 Julie Page	27 min 27 sec

WPN UNDER 18 4 Hrs

	11 Herb Train	31 min 34 sec
	12 Ian Frouse	21 min 28 sec
	20 Roger Ruppert	22 min 27 sec
	27 Andrew Lee	23 min 51 sec
	84 Ian Argall	25 min 27 sec
	22 Neil McLaughlin	23 min 18 sec

TEAMS

WPN UNDER 14 8 Hrs	7 St. George	71 points
	1 Phillip Warren	32 min 07 sec
	5 Ray Thompson	17 min 21 sec
	10 Nigel Stone	14 min 12 sec
	24 Anthony Spate	14 min 13 sec
	24 Matthew Toupe	14 min 27 sec

TEAMS

WPN UNDER 14 2 Hrs	7 St. George	40 points
UNDER 17 2 Hrs	7 Herb Train	11 min 22 sec
	17 Ian Debbie	7 min 45 sec
	20 Geoff Argall	8 min 08 sec
	22 Herb Lingo	8 min 25 sec

TEAMS UNDER 12 2 Hrs

	7 Rajal-a-Cheezed	7 min 28 sec
	17 Susie Wilson	8 min 07 sec
	22 Annie Harding	8 min 51 sec

U.S.O. ROAD POLY CHAMPIONSHIPS
20th August at Tain Park

The Under 14 boys have done in a brilliant performance to win 171 points for a big margin. The girls Under 20 team held on well to finish in second place.

BOYS OPEN 4 - 10 Km 12 St. George 151 3 hr 24 min 20 sec
 McIlhenny 29,271 Brichie 22,281 Scorpioni 24,251 Fisher 25,851
 21 St. George 121 2 hr 50 min 44 sec
 McIlhenny 24,021 Yoder 24,111 Pottle 28,271 (Webb 24,321)
 26 St. George 71 2 hr 20 min 14 sec
 Edwards 24,281 Ross 24,281 O'Leary 24,541 Bailey 27,161
 27 St. George 121 2 hr 21 min 37 sec
 Argall 28,211 J. McIlhenny 27,251 Finkler 24,281 J. McIlhenny 27,281
 28 St. George 121 2 hr 28 min 09 sec
 Richards 41,221 Peck 47,271 Bann 42,471 Tonge 44,481
 29 St. George 121
 Motion 43,281 Terry O'Connor 45,271 Donahoe 47,291

BOYS 18 - 4 - 5 Km 1 St. George 77 min 37 sec
 Main 4,801 Argall 4,761 McIlhenny 4,571 Hayden 4,581

BOYS 16 - 4 - 3 Km 1 St. George 121 26 min 26 sec
 Hill 4,471 Stone 4,421 Higgins 4,091 Harrow 4,001
 4 St. George 121 27 min 37 sec
 Wright 4,741 Baileys 4,481 Tonge 3,181 Bann 3,801
 5 St. George 121 28 min 28 sec
 Fosse 3,041 E. Jensen 3,301 B. J. 3,371 O'Leary 3,411

BOYS 14 - 4 - 2 Km 2 St. George 151 27 min 20 sec
 Marwick 3,371 Brichie 3,091 Lurie 3,471 Argall 3,001
 4 St. George 121 27 min 04 sec
 Whaley 3,491 E. McIlhenny 4,071 J. McIlhenny 4,071 J. McIlhenny 4,111
 E. McIlhenny 4,44

BOYS OPEN 4 - 5 Km 11 St. George 131 31 min 24 sec
 St. George 23,041 E. McIlhenny 24,141 C. Bann 27,501 J. Brichie 28,291

BOYS 20 - 4 - 3 Km 2 St. George 49 min 24 sec
 St. Argall 28,271 J. Page 27,091 R. Wilson 27,001 H. Jackson 27,001

BOYS 18 - 4 - 3 Km 3 St. George 27 min 07 sec
 St. Archer 3,481 B. Wilson 3,481 H. Harding 3,481 C. Bann 4,401

CHAMPIONSHIP CUP

* - 1st MATCH BETWEEN ST. GEORGE, BATHING AND BATHING SPORTS

Match 1 - 1st May at Heathcote - Sep. - 1st	1	Bathing	150 points
	2	St. George	700 points
	3	Bathing Sports	490 points

Match 2 - 12th June at Dunrobin - 1st

Match 3 - 20th August at Dunrobin

Overall winner - Bathing

AUSTRALIAN CROSS COUNTRY CHAMPIONSHIPS

20th April at Brisbane

WOMEN UNDER 20 5 Km 2 E-wan Argall 24 min 07 sec
Member of N.S.W. team which finished second.

AUSTRALIAN ALL SCHOOLS CROSS COUNTRY CHAMPIONSHIPS

31st July at Canberra

BOYS UNDER 17 4 Km 40 Ian Argall 15 min 31 sec
 41 Mark Irvine 15 min 33 sec
 17 Nigel Hiron 15 min 54 sec

AUSTRALIAN SECONDARY SCHOOLS CROSS COUNTRY CHAMPIONSHIPS

August at Ipswich, Queensland

BOYS UNDER 16 4 Km 4 Gary Sheucock 20 min 26 sec

OTHER RESULTS

SUTHERLAND HALF-KARATHON: 15th April at Raddley

OPEN 21 1/2 Km Road	1 John Andrews	63 min 40 sec	RECORD
	8 Col Whitman	67 min 37 sec	
	27 Bob Tait	71 min 45 sec	
	77 Kevin Davine	75 min 26 sec	
	42 Frank Scorzelli	78 min 21 sec	
	41 Gible Thomas	78 min 18 sec	
	42 Allan Argall	78 min 21 sec	
	72 John Irvine	79 min 57 sec	
	74 Garren McGrath	80 min 20 sec	
	97 Ima Ima	82 min 06 sec	
	98 Doug Yulife	82 min 11 sec	
	113 Eric Lada	82 min 17 sec	
	148 Geoff Hignerty	86 min 78 sec	
	155 Gary Young	87 min 24 sec	
	184 Brian O'Dea	90 min 32 sec	
	297 John Davis	101 min 35 sec	
	298 Ima Richards	101 min 52 sec	
	313 Ken Jambird	104 min 02 sec	
	320 George Freeman	104 min 35 sec	

SUPPORTING EVENTS HOUSE DAYS: 22nd April

WOMEN OPEN 10 Km

4 Kathleen Todd	37 min 26 sec
12 P. Poppert	37 min 57 sec
28 Von Drabble	38 min 54 sec
29 Kevin Taylor	38 min 47 sec
30 Mark Irwin	38 min 49 sec
34 Allan Argall	38 min 37 sec
35 Gordon Richardson	38 min 45 sec
39 Ima Irwin	37 min 37 sec
47 Gary Young	38 min 06 sec
47 George Freeman	39 min 37 sec
47 Jeff Tucker	40 min 44 sec
76 Bruce Mallon	42 min 44 sec
76 Mark Faulkner	42 min 54 sec
90 Helen Finkel	44 min 31 sec
104 Ima Richards	47 min 13 sec
104 Terry O'Connor	47 min 47 sec
126 Reb Helling	52 min 24 sec
19 Cathy Selmore	55 min 19 sec

WOMEN OPEN 4 Km

OPEN COMBOSHOYS AND BOMBERS/RTLS 4 Pa

10 Ian Argall	17 min 22 sec
12 Jon Pridem	17 min 27 sec
17 Andrew Lay	17 min 31 sec
24 Ronald Mackinn	18 min 03 sec

UNDER 15 2 Pa

2 Nigel Nixon	6 min 17 sec
16 Matthew Tonge	6 min 55 sec
15 Todd Cook	7 min 04 sec
22 David Jeffrey	7 min 18 sec
25 Russell Dithers	7 min 22 sec
28 Bill Wade	9 min 01 sec

UNDER 17 2 Pa

1 Trent Dietz	7 min 00 sec
17 Geoff Argall	7 min 50 sec
20 Aaron Davison	8 min 05 sec
21 Natalya Orchard	8 min 07 sec
28 Graham Delamare	8 min 20 sec
28 Matthew Donnelly	8 min 24 sec
32 Keith Delamare	8 min 34 sec
33 Sophie Elliott	8 min 56 sec

25 Pa CHAMPIONSHIP DAY

OPEN 5y at Pageswood

SUPPORTING EVENTS

OPEN 5 Pa

49 Bob Mollay	21 min 40 sec
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UNDER 14 2 Pa

7 Nigel Nixon	10 min 08 sec
14 David Knight	11 min 07 sec
14 Anthony Spake	11 min 13 sec
13 Adrian Isaac	11 min 18 sec
21 Duncan Davison	11 min 27 sec
25 Stuart James	12 min 22 sec

UNDER 14 2 Pa

5 Trent Dietz	2 min 47 sec
17 Justin Hanna	7 min 44 sec

UNDER 17 1,5 Pa

15 M. Campbell	7 min 01 sec
15 Nathan Dawson	7 min 07 sec

UNDER 17 1,5 Pa

17 Natalya Orchard	5 min 38 sec
17 Aaron Davison	6 min 07 sec
20 Graham Delamare	6 min 08 sec
21 Kelly Gray	6 min 08 sec
26 Marilee Murching	6 min 33 sec
24 Keith Delamare	6 min 38 sec

PROGRAMATA OPEN

4th Year

OPEN 10 RTLS

1 Joba Anderson	45 min 35 sec
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1976 ANNUAL WITHDRAWAL TO SUPP 11 Via POAD

1	John Andrews	21	min	38	sec
11	Col Whitman	24	min	29	sec
47	Mark Irwin	28	min	24	sec
100	Brenda Gishman	32	min	30	sec
154	John Irvine	35	min	34	sec
160	Geo Allan	39	min	35	sec
178	Lee Argall	34	min	52	sec
244	Chris Striggins	41	min	42	sec
287	Dick Vaughan	41	min	48	sec
291	Dennis Jolliffe	42	min	00	sec
308	Terry O'Connor	47	min	04	sec
322	Evelyn Argall	47	min	57	sec
343	Ian Scribble	48	min	17	sec
367	Chris Jolliffe	49	min	25	sec
2734	Aden Jolliffe	55	min	20	sec
2972	Est. Wollay	55	min	30	sec
3135	Geoff Argall	58	min	20	sec
3258	Jean Scribble	59	min	14	sec

ST. GEORGE D.A.A.C. OPEN SCHOOLS CROSS COUNTRY CHAMPIONSHIPS

5th Year at Scarborough Park

Participation showed an increase on the previous years, numbering about 250. In the Intermediate events 15 years - 12 years at Dyped Bay Primary easily won the I.L.FOSBAG TROPHY for the fourth successive year, with 72 points. Second was D.L.S. Reesby 58 points third Cleampton Park Primary 23 points.

In the Advanced events 13 years - Open - the D. STURROK TROPHY was won by Kingsh Marius High 67 points from D.L.S. Reesby 48 points, and Warner Ross High third, 29 points.

St. George Club members to perform well included:

OPEN	1	Lee Argall
	2	Mark Irwin
	3	Nail Polinghill
14 YEARS	1	Nigel Nixon
	2	Aden Irwin
12 YEARS	1	Polly Geo.
11 YEARS	1	Benita Holmes
10 YEARS	1	Natalie Orchard

N.F.W. SCHOOL CROSS COUNTRY CHAMPIONSHIPS

24th June at Scarborough Park

UNDER 17 YEARS	4 km	2 Mark Yonke	17 min 18 sec
UNDER 14 YEARS	4 km	1 Phillip Harrold	12 min 10 sec
UNDER 11 YEARS	4 km	2 Nigel Hixon	12 min 34 sec

Ridway Technical High School won the team event!
 Meet: Rignati, Stephen Wright, Duncan Davison and Patrick Bone.

WOLVESDOND TO SYDNEY 25 KM ROAD RACE

10th October, 1988

21 Alan Staples 2 hr 15 min 17 sec

1983 MAJOR AUSTRALIAN MARATHON

12th June, Sydney

See the first time when this race was open to any amateur athlete.
 22 Col Whiteman 2 hr 24 min 05 sec
 (For Australian Championship purposes Col was actually 1410)

71 Kevin Taylor	2 hr 45 min 48 sec
124 Alison Argall	2 hr 44 min 05 sec
261 Albie Thomas	2 hr 55 min 02 sec
290 Doug Yulke	2 hr 56 min 34 sec
302 Dave Edwards	2 hr 57 min 18 sec
441 Steve Staples	2 hr 58 min 36 sec
473 Alan Withers	3 hr 11 min 54 sec
491 Gary Young	3 hr 12 min 44 sec
1078 Dick Vaughan	3 hr 27 min 34 sec
1088 John McClean	3 hr 28 min 07 sec
1255 George Freeman	3 hr 34 min 57 sec

43RD ANNUAL SCHOOLS' TRACK AND FIELDCHAMPIONSHIPS

WORLD'S FAIR BOUL, SUNDAY, 18TH SEPTEMBER, 1937

BOYS 15 - BOYS

1000

100 m	1st	E. Antonich	Harvey	11.0
200 m	1st	E. Antonich	Harvey	22.5
400 m	1st	E. Antonich	Harvey	52.5
800 m	1st	D. O'Brien	East Hills	2:06.5
1500 m	1st	T. Agall	Moreville	4:32.5
1 1/2 m Hurdles	1st	F. Jones	Harvey	17.5
500 m Walk	1st	E. Scott	St. Tech	4:31.2
2 x 1/2 m Relay	1st	St. Tech		57.50
High Jump	1st	F. Jones	Harvey	1.37m
Long Jump	1st	F. Jones	Harvey	5.90m
Triple Jump	1st	F. Jones	F.H.S.	11.57m
Discus	1st	S. Taylor	Harvey	25.97m
Shot	1st	D. Cobb	F.H.S.	12.89m
Javelin	1st	M. Phillips	S. Tech	47.05m

14 YEARS

100 m	1st	P. Smith	St. Tech	11.7
200 m	1st	J. Orchard	Harvey	24.5
400 m	1st	P. Hayden	Ursula	1:35.5
800 m	1st	P. Hayden	Ursula	1:58.14 Record
1500 m	1st	P. Smith	F.H.S.	4:25.7
1 1/2 m Hurdles	1st	J. Orchard	Harvey	16.5
Relay	1st	Eng. W. High		50.1
High Jump	1st	S. Vincent	St. John's	1.25m
Long Jump	1st	J. Orchard	Harvey	5.95m
Triple Jump	1st	P. Hayden	Ursula	10.85m
Discus	1st	T. Able	Harvey	27.55m
Shot	1st	D. Conellan	St. John's	11.50m
Javelin	1st	T. Able	Harvey	40.75m

13 YEARS

100 m	1st	H. Jensen	St. Tech	11.55
200 m	1st	H. Jensen	St. Tech	23.5
400 m	1st	D. DeLeon	St. Tech	57.5
800 m	1st	H. Stueberink	St. Tech	2:17.0
1500 m	1st	H. Jensen	Moreville	4:40.0
1 1/2 m Hurdles	1st	D. DeLeon	St. Tech	14.9
Relay	1st	St. Tech		48.5
High Jump	1st	D. DeLeon	St. Tech	1.25m
Long Jump	1st	D. DeLeon	St. Tech	5.42m
Triple Jump	1st	H. Stueberink	F.H.S.	11.59m
Discus	1st	D. DeLeon	St. Tech	24.74m
Shot	1st	D. DeLeon	St. Tech	10.27m
Javelin	1st	H. Deika	St. Tech	33.20m

14 YEARS

100 m	1st	M. Sinclair	Burnsville	17.24
200 m	1st	M. Wilson	Burnsville	36.09
400 m	1st	M. Wilson	Burnsville	59.9
800 m	1st	N. Wilson	Burnsville	2:17.0
1600 m	1st	D. Shealy	St. Pat's	4:40.7
3200 m Hurdles	1st	M. Sinclair	Burnsville	14.0
6400 m Walk	1st	P. Horton	Col Tech	1:45.7 Record
Relay	1st	King, Mac, High		59.28
High Jump	1st	A. Rodopoulos	J. Cook	1.69m
Long Jump	1st	A. Rodopoulos	J. Cook	5.27m
Triple Jump	1st	D. Shealy	St. Pat's	10.44m
Shot	1st	B. Webeck	Engadine	42.29m
Shot	1st	B. Webeck	Engadine	12.10m
Javelin	1st	B. Webeck	Engadine	55.47m

15 YEARS

100 m	1st	A. Miskie	J. Cook	12.7
200 m	1st	A. Miskie	J. Cook	25.2
400 m	1st	A. Miskie	J. Cook	50.3 Record
800 m	1st	P. North	B.S. Sec	2:17.5
1600 m	1st	P. North	B.S. Sec	4:44.2
3200 m Hurdles	1st	A. Hogan	K.M.H.	19.8
Relay	1st	St. John's Lakemba		53.9
High Jump	1st	T. Jeffrey	K.M.H.	1.57m
Long Jump	1st	T. O'Sullivan	St. Pat's	4.97m
Shot	1st	A. Weisler	J. Cook	42.10m

16 YEARS SECONDARY

100 m	1st	P. Hanna	St. John's	13.4
200 m	1st	W. Rowlands	Rennets Bay	28.7
400 m	1st	P. Hanna	K.M.H.	59.4
800 m	1st	P. Parker	K.M.H.	2:24.0
Relay	1st	St. John's Lakemba 'A'		55.50
High Jump	1st	J. Taylor	Frankston	1.55m Record
Long Jump	1st	J. Taylor	Frankston	4.49m
Shot	1st	J. Taylor	Frankston	12.12m Record

17 YEARS PRIMARY

100 m	1st	K. Kellens	N.E. Penn.	17.72
200 m	1st	M. Pennell	Ryans Bay	35.30
400 m	1st	A. Faragher	Engadine	2:22.0
Relay	1st	Engadine		54.70
High Jump	1st	C. McCollis	Dunedin	1.79m
Long Jump	1st	B. Goodwin	Ryans Bay	4.96m
Shot	1st	K. Young	Clement Park	8.77m

18 YEARS PRIMARY

100 m	1st	M. Wilson	Engadine	14.00
200 m	1st	M. Wilson	Engadine	29.0
400 m	1st	A. WIRE	Bellvue Hill	2:01.0
Relay	1st	News		50.75
High Jump	1st	A. Kennedy	Engadine	1.67m
Long Jump	1st	C. McNelly	News	4.08m

10 YEARS					
100 m	1st	M. Baldwin	Gwynn Bay	14.15	
200 m	1st	H. Nettle	Cliepton Pk	2:41.7	
Relay	1st	Gwynn Bay		59.7	Record
High Jump	1st	S. Tinn	Burndale	1.42m	Record
Long Jump	1st	M. Baldwin	Gwynn Bay	4.27m	

6 YEARS					
100 m	1st	S. Ramage	Gwynn Bay	14.44	
200 m	1st	C. Navithindin	Reagata	2:42.9	
Relay	1st	Gwynn Bay "A"		51.4	Record
High Jump	1st	S. Carr	Gwynn Bay	1.27m	
Long Jump	1st	S. Ramage	Gwynn Bay	4.14m	

4 YEARS					
100 m	1st	B. Claridge	Gwynn Bay	14.00	
200 m	1st	A. Claridge	Gwynn Bay	2:52.3	
Relay	1st	Gwynn Bay		49.7	
Long Jump	1st	M. Spains	Gwynn Bay	3.94m	

SECONDARY PENNANTS/SHIELDS: 12/13/14 JUVENILE PENNANT

1st Kogarah Marist High 196.5 points

15/16 JUNIOR PENNANT

1st Kogarah Marist High 195 points

OPEN SENIOR PENNANT

1st Kogarah Marist High 131 points

A.S. RANDORF SHIELD

1st Kogarah Marist High 221.5 points

PRIMARY PENNANTS/SHIELDS: 8/9/10 JUNIOR PENNANT

1st Gwynn Bay 100 points

11/12 SENIOR PENNANT

1st Gwynn Bay 87 points

E.E. WILLIAMS SHIELD

1st Gwynn Bay 242 points

RESULTS - GIRLS:

8 YEARS

100 m	1st	J. Reid	St. Andrews	16.7
200 m	1st	J. Reid	St. Andrews	2:58.8
Long Jump	1st	J. Reid	St. Andrews	2.51m
Relay	1st	Gynea Bay		1:11.04

9 YEARS

100 m	1st	B. Martin	Harwee	14.0
200 m	1st	M. Arnold	Coms West	2:35.3
High Jump	1st	K. Allan	Blithburst	1.12m
Long Jump	1st	B. Martin	Harwee	3.43m
Relay	1st	Gynea Bay		1:10.44

10 YEARS

100 m	1st	K. Traverson	Gynea Bay	15.0
200 m	1st	K. Cain	Heathcote	2:47.2
High Jump	1st	M. McGoldrick	Water Del	1.14m
Long Jump	1st	K. Russell	Gynea Bay	2.51m
Discus	1st	M. McGoldrick	Water Del	9.00m
Relay	1st	Gynea Bay		1:07.5

11 YEARS

100 m	1st	L. Bird	Engadine	14.0
200 m	1st	L. Buzis	Clepton Pl.	31.7
300 m	1st	M. Wakefield	Engadine	2:54.0
Long Jump	1st	V. Rando	Clepton Pl.	3.77m
Discus	1st	J. Taylor	Heathcote Stn	12.46m

12 YEARS

100 m	1st	J. McGoldrick	St. Vincent's	14.2
200 m	1st	J. McGoldrick	St. Vincent's	29.5
300 m	1st	B. McIncock	Sylvania	2:48.8
High Jump	1st	A. Lemkau	Brigidine	1.21m
Long Jump	1st	M. Del-Grande	Kawgaple	3.97m
Discus	1st	S. Nats	Clepton Pl.	11.40m
Relay	1st	Engadine		1:01.5

13 YEARS

100 m	1st	F. Lindop	Carlingbah	13.4
200 m	1st	K. Smith	M.L.C.	27.9
300 m	1st	D. Bar	Fogarah	2:31.1
High Jump	1st	F. Lindop	Carlingbah	1.60m
Long Jump	1st	F. Lindop	Carlingbah	4.46m
Discus	1st	F. Lindop	Carlingbah	17.96m

14 YEARS

100 m	1st	D. Jelliffe	Peckham	14.2
200 m	1st	D. Jelliffe	Peckham	29.1
300 m	1st	M. McIntyre	St. Clares	2:33.1
Long Jump	1st	F. Phillip	Cirraone	4.56m
Discus	1st	B. Knight	Kingsgrove	21.83m
Javelin	1st	B. Knight	Kingsgrove	22.90m
Shot	1st	B. Knight	Kingsgrove	11.47m
Relay	1st	St. George		25.24

18 YEARS

100 y	1st	M. Atkinson	St. George	17.2
200 y	1st	M. Atkinson	St. George	27.0
300 y	1st	K. Thomas	St. Marys	3.15.0
Long Jump	1st	K. Thomas	St. Marys	2.82m
Discus	1st	M. Atkinson	St. George	14.50m
Javelin	1st	M. Jenkins	Magnolia	22.90m
Shot	1st	P. Stoddart	St. George	7.57m
Relay	1st	Rose Bay		1.01.4

14 YEARS

100 y	1st	J. Flynn	St. George	13.8
200 y	1st	J. Flynn	St. George	30.0
300 y	1st	L. Paucett	Bass	2.59.1
High Jump	1st	M. Mollay	Peaburst	1.21m
Long Jump	1st	J. Flynn	St. George	4.35m
Discus	1st	M. Mollay	Peaburst	26.20m
Javelin	1st	M. Mollay	Peaburst	24.60m
Shot	1st	M. Mollay	Peaburst	10.56m
Relay	1st	St. George		53.24

OPEN

200 y	1st	T. Eggermont	M'ware	27.8
300 y	1st	T. Eggermont	M'ware	2.37.2
300 y Walk	1st	K. Mitchell	Pt. Hacking	4.04.1
High Jump	1st	K. Jenkins	M'ware	1.27m
Long Jump	1st	T. Eggermont	M'ware	4.01m
Discus	1st	J. Smith	St. George	28.66m
Javelin	1st	B. Anderson	St. George	29.65m
Shot	1st	B. Anderson	St. George	8.72m

TRACK & FIELD REPORT

1983 - 84 SEASON

By Stephen Wilson

Well, here we all are at the end of another busy track season which saw some fine performances throughout the Club. One of the most notable was John Andrews' defeat of Robert de Castello in Canberra, over 10,000 m. John, who has spent most of the year training at the Australian Institute of Sport in Canberra, kept the Club colours flying by wearing our Club's uniform whenever he competed.

There was also Robert Henderson, who joined the Senior ranks this year, and who represented (once again), along with John Andrews and Martin Lubrano, the Club at the Australian Track & Field Championships in Melbourne.

The N.S.W. Relay Championships and 10,000 m titles saw the Club entered in the Relays with 16 teams. The Men's Open 4 x 100 m contested well to win a bronze medal. In the Under 16s age group we won gold medals in the 4 x 100 m & 4 x 200 m & 4 x 400 m and 4 x 800 m & a silver in the 4 x 400 m and a bronze in 4 x 1500 m. A great effort, as all would agree, and indicative of our strength as an approach for years to come. Col Whittman ran a respectable sixth in the 10,000 metres Championship, only ten minutes behind the winner.

In the Open Grades Interclub Competition we combined once again with Eskdaleme Sports and, for the first time, with N.S.W. Police Club. The "B" grade retained the Pyralisship for the second year running, and the "E" grade came in second behind Liberty Plains/Marrickville. Our "A" and "B" grades managed a fifth whilst the "C" grade came a respectable fourth. The results could have been greatly improved if our Club had not been split between two fields, which kept a large number of the younger athletes away from the higher grades. The splitting of the Club has affected the Club's team spirit and tended to detract from overall performances put in by our athletes - a similar fate also befell Sandwick-Entony.

After Christmas the Association held another competition in which we competed on our own. Our athletes were again spread between two grounds, and for the first three rounds we were without the "D" and "E" grades, who have still managed in the Interclub competition. However, with the Club at full strength in the final three rounds, "A" and "E" grades managed to finish mid-field, while "C" grade finished second. A fine effort considering "E" and "C" grades failed to score any points in the first three rounds.

This year saw the restart of the Southern Zone Competition. However, most of our athletes preferred to continue competing at Harold Fraser Oval on Tuesday nights, and to assist the older athletes at Open Grade Interclub.

Our Club once again attended the country meetings. Our most outstanding result was achieved in the Australia Day relays in Canberra, where the Club was the best male club and the second best overall. Club athletes also attended Bega, Orange, Smiths Creek, Balbrin, Coura and the A.C.T. Track and Field Championships, where the Club was very successful, winning many medals and feature events.

Congratulations to all the athletes from the Club who were involved in our Friendship victory and our many successful trips to the country events. The success of our athletes this season has helped our Club to a very prosperous and enjoyable summer track season.

It can be seen from the following results that the St. George Club has done exceedingly well at the non-different competitions and carnivals our athletes attended.

A special note of thanks to Alan Bevis and Arthur Peck for all their assistance and for helping to make my job as Track Secretary as easy as it was.

OPEN GRADE INTERCLUB

TOP TEN POINTSCORERS IN EACH GRADE 1992 - 94 SEASON

A GRADE

137 G. Henderson
87 A. Dunlop
85 M. Ford
50 M. Lubram/R. Jones
27 M. Jensen
22 G. Whitman/P. Jones
A. Scott
19 B. McCurt

B GRADE

57 H. Jackson
54 P. Jones
48 S. Milne
47 B. Grithie
42 A. Scott
34 P. Popper
20 H. Pavlidis/Lubram
24 B. McCurt/A. Peck

C GRADE

59 T. Mann
48 S. Milne
41 M. Parent
29 S. Jensen
22 H. Pavlidis
27 B. McCurt
24 R. Grithie
20 R. Henderson
14 H. Pavlidis

D GRADE

66 R. Fong
59 R. Davison
47 H. Dixon
37 R. Bevis
34 S. McClean
28 A. Peck
22 P. Borden
24 S. Higgins/E. Milner/4
27 S. Jensen/P. Jones

E GRADE

145 G. Scott
102 R. Fong
88 S. Huxier
57 B. Davison
A. Peck
45 P. Huxier
33 B. Simpson
29 H. Tamashwill
27 R. Summerill
20 S. Higgins/T. O'Sullivan

ADDITIONAL POINTSCORERS AT OPEN GRADES

R. Fong 194
A. Peck 152
B. Henderson 127
G. Scott
B. Davison 126

POINTS SCORE WORLD FRANCH RVAL 1988 - 94 SEASON

1988 14	1989 14
2000 A. Huxier	2000 S. Huxier
1718 J. Parker	1992 B. Davison
1719 V. O'Sullivan	1993 P. Huxier

OPEN 18

1944 R. Fong	2790 A. Peck
1718 G. Scott	2126 M. Pavlidis
1500 H. Jensen	1551 P. Fong

FINAL POINTSCORES PRINTED FOR OPEN GRADE

INTERCLUB

A GRADE WC 271 BR 271 RD 191 TMM 181 SPP 171 UNSU 151
 SMC 171 MSH 101 NO 91.

B GRADE RH 271 NNS 201 US 171 BS 141 SEP 171 PGM 141
 SMC 71 UNSU 71 SU 21.

C GRADE SMT 241 PR 221 UR 171 SPP 151 NNS 131 RP 121
 PGM 91 UNSU 51 SMC 11

D GRADE SPP 2121 RE 211 RP 211 Y 211 PER 121 SU 11.
 * Aggregate competition points scored: SEP 240 172
 Y 80 230 172.

F GRADE LN 331 TSP 271 RP 221 UNSU 171 SMC 1411 PER 21.

FINAL POINTSCORES FOR SEVEN OPEN GRADES

OPENED COMPETITION

A GRADE RN 1051 UC 1001 RB 671 SU 541 RS 541 UNSU 311
 RU 28 1721 STG 141 BS 131 SUTH 101 HO 71 BC 4 172
 LTY 11.

B GRADE RH 1101 NS 691 RR 55 1721 SUTH 331 CU 411 BS 331
 UNSU 271 US 271 STG 241 PARRA 14 1721 RS 7 1721
 RW 7 1721 RANG 7 1721 CU 21 CP 21 K 21 CAMPBELLTOWN 1721.

C GRADE RN 78 1721 STS 601 SUTH 45 1721 BS 39 1721 RS 271
 LTY 271 MSH 271 RP 24 1721 US 241 CP 221 BS 21 1721
 U 191 NU 18 1721 POLICE 101 PARRA 01 CAMPBELLTOWN 41
 H 9 1721 SMC 41 CP 34 P 21 SU 11 BAL 11.

NRU ALL SCHOOLS' CHAMPIONSHIPS

RUGBY QUARTZ GAMES

BENDLEY ATHLETIC FIELD - 15th-16th October, 1963.

UNDER 13

High Jump	3	James Taylor	1.60m
Shot	3	James Taylor	14.17m
	5	David Peog	11.70m

UNDER 14

100 m	3	Alain Heisler	17.10
200 m	4	Alain Heisler	24.4

UNDER 15

100 m	4	Chris Davis	17.8
200 m	3	Chris Davis	24.8
300 m	2	Rigel Nixon	2.03.3
1500 m	1	Rigel Nixon	4.14.4
High Jump	8	Duncan Davison	1.55m
Javelin	2	Duncan Davison	50.54m
Triple Jump	8	Duncan Davison	11.64m

UNDER 16

100 m	1	Mark Jensen	13.1
200 m	2	Mark Jensen	22.9
400 m	1	Martin Lubrano	49.7
800 m	1	Martin Lubrano	1.59.0

UNDER 17

500 m	1	Philip Warren	1.35.4
1500 m	1	Philip Warren	4.05.0
High Jump	3	Harry Pavlidis	1.80m
Javelin	4	Harry Pavlidis	52.06m
Discus	3	Harry Pavlidis	35.00m
Pole Vault	5	Harry Pavlidis	2.70m

N.S.M RELAY CHAMPIONSHIPS

The results of the Relay Championships were once again a clear indication of our Clubs' strength. Congratulations to the Under 16 team in the 4 x 100 m, as this team set a new State Under 16 Open and Residential Record.

First Day - 20th November, 1963

N.S.M. MENS OPEN 10,000 m CHAMPIONSHIP

8	Colin Whitman	51.30.9
---	---------------	---------

OPEN MEN

4 x 100 m	3	St. George	42.35
	A. Dunlop, C. Saxe, E. Henderson, P. McCaffrey		
5 x 400 m	7	St. George	3.40.32
	S. Milroy, A. Peet, E. Henderson, A. Dunlop		
4 x 1500 m	7	St. George	19.22.27
	B. McCourt, S. Nichol, A. Argall, J. Davis		

WINTER 18 MEN

4 x 200 m	4	St. George	1,72.0
		N. Mearns, P. Summerill, G. Spots, P. Warren	
1 x 1500 m	4	St. George	17,24.47
		P. Warren, P. Summerill, T. Argall, G. Spots	

WINTER 18 WOMEN

4 x 200 m	1	St. George	1,27.13
		K. Jensen, C. Davis, E. Hetherill, M. Johnson	
4 x 300 m	1	St. George	2,54.47
		M. Hume, T. Hignett, T. Simonsen, M. Johnson	
1 x 1500 m	4	St. George	15,58.28
		B. Uhealy, P. Holster, D. Dawson, P. Jensen	

WINTER BAY - 4th October, 1987

WINTER MEN

4 x 200 m	-	St. George	1,21.44
		B. Henderson, G. Duncheon, A. Spots, P. McCallum	

WINTER 18 WOMEN

4 x 200 m	4	St. George	2,17.27
		T. Summerill, G. Spots, P. Warren, M. Hume	

WINTER 18 MEN

4 x 100 m	1	St. George	49.60
		C. Hetherill, C. Davis, M. Johnson, K. Jensen	
4 x 350 m	1	St. George	2,27.29
		B. Dawson, M. Simonsen, M. Jensen, M. Johnson	
	2	St. George	2,29.45
		T. Hignett, G. Jensen, P. Holster, M. Hume	
4 x 1500 m	2	St. George	18,28.45
		B. Uhealy, T. Hignett, P. Simonsen, M. Hume	
1 x 1500 m	4	St. George	18,42.67
		M. Summerill, T. Dunn, P. Holster, A. Truth	

N.Z.U. TRACK AND FIELD CHAMPIONSHIPS

WINTER 18 MEN - 4th - 5th - 11th - 12th February, 1988

100 m	1	B. Henderson	11.85	Final
200 m	2	B. Henderson	21.52	Final
400 m	3	B. Henderson	47.27	Final
800 m	-	P. McCallum	1,58.27	Heat
1500 m	-	M. Todd	2,37.46	Final
		P. McCallum	4,05.48	Heat
5000 m	12	P. Pappert	18,49.27	Final
10000 m Steeple	2	M. Todd	2,27.07	Final

WINTER 18 WOMEN

100 m	2	G. Duncheon	11.27	Final
200 m	4	G. Duncheon	22.58	Final
400 m	-	T. Spots	2,10.41	Heat
800 m	11	G. Davis	4,28.15	Final
1500 m	8	T. Spots	18,48.47	Final

400 m Hurdles	1	P. Jones	44.75	Final
1 miy Jump	1	P. Jones	4.77m	
High Jump	2	P. Jones	1.89m	

GROUP 10

100 m	5	M. Jensen	11.95	Final
200 m	4	M. Jensen	22.48	Final
400 m	5	M. Lybriken	50.00	Final
800 m	7	R. Swenson III	2:07.35	Final
1 miy Jump	7	P. Jones	4.17m	
Triple Jump	4	G. Knop	12.85m	

N.S.A. 1 MILE CHAMPIONSHIP

CYRNEY ATHLETIC FIELD - 14th February, 1964

1 M. Todd 4:18.67

N.S.A. MULTIPLE EVENTS CHAMPIONSHIP

CYRNEY ATHLETIC FIELD - 1965 - 19th February, 1964

GROUP 10 - R. Knop 7 4952 points

100 m	12.45
400 m	57.54
110 H	20.04
1500 m	4:58.07
1 mi	4:07m
H.J.	3.47m
Shot	20.79m
Discus	32.16m
Javelin	37.14m
Pole Vault	3.80m

GROUP 20 - P. Jones 4 4922 points

100 m	15.05
400 m	58.20
110 H	17.09
1500 m	5:20.38
1 mi	4:12m
H.J.	3.97m
Shot	21.25m
Discus	33.86m
Javelin	34.64m
Pole Vault	3.30m

A.C.T. TRACK AND FIELD CHAMPIONSHIPS

NATIONAL ATHLETIC STADIUM, CARLETON, 17th - 19th February, 1958

The Club again compiled phenomenal at these Championships, winning 14 Gold, 7 Silver and 2 Bronze Medals over the two days of competition. Star of the Championships was Alan Neilson who smashed 4 A.C.T. Records in winning 3 Gold and 1 Silver medals in the Under 14 age-group.

HEMETS

HEMETS 14

100 m	1	A. Neilson	11.7	A.C.T. Record
200 m	1	A. Neilson	24.4	A.C.T. Record
400 m	1	A. Neilson	59.5	A.C.T. Record
800 m	1	A. Neilson	2.12.8	
Long Jump	2	A. Neilson	5.01m	
Triple Jump	1	A. Neilson	10.74m	
Shot	1	A. Neilson	35.00m	
Discus	1	A. Neilson	37.44m	A.C.T. Record
Shot	1	A. Neilson	14.55m	

HEMETS 16

100 m	1	C. Davis	14.2	
	2	C. Witheriff		
	3	N. Higgett		
200 m	1	C. Davis	32.6	
	2	C. Witheriff		
	3	P. McCaffrey		
	4	D. Davison		
400 m	1	P. McCaffrey		
	2	H. Jansen		
800 m	1	H. Jansen	2.05.7	
	2	P. Neilson		
	3	F. Jansen		
	4	N. Kraak		
1500 m	1	H. Jansen	4.24.6	
	2	C. Neilson		
5000 m	1	P. Neilson		
100 m H	2	F. Davison		
400 m H	2	B. Seights		
Discus	1	D. Davison	33.45m	
Shot	1	C. Davison	42.30m	
	2	M. Parent		
	3	P. Neilson		
High Jump	1	F. Davison	1.65m	
	2	N. Higgett		
	3	M. Parent		

HEMETS 18

100 m	4	N. Jansen		
200 m	4	N. Jansen		
	5	D. Summerill		
400 m	2	N. Jansen		
800 m	4	D. Summerill		
1500 m	4	D. Summerill		
Pole Vault	1	N. Jansen	2.26m	
5000 m				
100 m	2	F. Henderson		
200 m	2	F. Henderson		
400 m	2	F. Henderson		
Shot	4	A. Peck		

U. S. O. AGE CHAMPIONSHIPS: ATHLETIC FIELD - 25th - 26th February, 1966
 Much stronger opposition was encountered at the Age Championships, but Club
 athletes again can be proud of their results, where they won 5 Gold and 3
 Silver medals.

SEPTEMBER 14

100 m	1	A. Holster	12.10	
	4	A. Gray	12.60	
	-	E. Smith	13.92	S.F.
	-	G. Farnon	15.47	S.F.
200 m	1	A. Holster	24.20	
	-	T. O'Sullivan	27.42	Heat
400 m	1	A. Holster	53.57	
	5	A. Gray	56.00	
	-	G. Farnon	59.12	S.F.
800 m	-	T. Beitz	2.19.17	Heat
1500 m	-	T. Beitz	4.49.9	Heat
Long Jump	9	T. O'Sullivan	4.97m	
Pole	4	A. Holster	26.74m	
Triple Jump	9	T. O'Sullivan	10.61m	
Shot	2	A. Holster	17.02m	
High Jump	10	T. Beitz	1.50m	

SEPTEMBER 15

100 yd	-	A. Radopoulos	13.44	Heat
200 yd	5	B. McCaffrey	29.54	
	-	B. McCaffrey	34.95	Heat
400 yd	4	B. McCaffrey	54.54	
800 yd	1	N. Dixon	2.02.47	
	5	W. Tonge	2.11.92	
	-	E. Uhealy	2.15.28	Heat
1500 yd	1	W. Dixon	4.17.24	
	4	M. Tansarelli	4.27.73	
	-	W. Tonge	4.32.70	
	-	A. Irwin	4.40.41	
	-	E. Uhealy	4.45.77	
1 mile	7	A. Radopoulos	35.20m	
Pole	7	A. Radopoulos	21.59m	
Long Jump	14	A. Radopoulos	4.99m	

SEPTEMBER 16

100 m	2	C. Davis	11.57	
	-	C. Witheriff	11.97	Heat
	-	B. Davison	12.27	Heat
	-	S. Janson	12.77	Heat
200 m	1	C. Davis	23.07	
	4	C. Witheriff	23.97	
	-	B. Davison	24.95	Heat
400 m	-	S. Janson	53.29	Heat
	-	S. Hignett	55.62	Heat
800 m	5	P. Delisle	2.07.52	
1500 m	14	F. Holster	4.47.58	
200 m H	2	B. Davison	28.18	
2000 m Steeple	3	A. Irwin	7.11.15	
Long Jump	16	B. Hignett	5.16m	
Triple Jump	4	F. Holster	11.70m	
Javelin	5	B. Davison	44.70m	

AUSTRALIAN CHAMPIONSHIPS

OLYMPIC PARK, MELBOURNE

1964, 30th, 31st March, 1st April, 1964

Congratulations to Robert, Martin and John on fine efforts.

RESULTS

UNDER 16			
400 M	S.F.	W. Lybrand	50.82
OPEN			
100 M	S.F.	E. Henderson	11.17
200 M	S.F.	R. Henderson	22.12
400 M	S.F.	R. Henderson	48.47
10,000 M	2	J. Andrews	38,48.81

AUSTRALIAN DAY RELAYS, BRICK STADIUM, CARBONDALE.

28th January, 1964

In these Titles the Club won the Mens Pointscore and was third in the Aggregate Pointscore, winning \$180 for Club equipment.

UNDER 16

4 x 100 M	1	St. George	45.0
		C. Davis, C. Witheriff, E. Davison, M. Jansen	
	2	St. George	
		C. Hignett, S. Jansen, B. McCaffrey, G. McCaffrey	
4 x 200 M	1	St. George	1,34.66
		C. Davis, C. Witheriff, B. Davison, M. Jansen	
4 x 400 M	1	St. George	3,40.7
		M. Jansen, R. Hignett, N. Nixon, B. Davison	
	2	St. George	
		B. McCaffrey, G. McCaffrey, S. Jansen, H. Tonge	
4 x 800 M	1	St. George	
		M. Tonge, D. Whaley, S. Hignett, N. Nixon	
3 x 1.1.1.	2	St. George	
		E. Davison, S. Bungoun, C. Witheriff	
	3	St. George	
		E. Whaley, M. Jansen, C. Davis	
3 x H.J.		St. George	
		D. Davison, S. Bungoun, S. Hignett	
3 x Shot		St. George	
		D. Davison, S. Bungoun, M. Jansen	
3 x Javelin		St. George	
		D. Davison, M. Parent, M. Jansen	

ORDER 20

4 x 100 m 0 St. George
 A. Dunham, J. Abdulla, P. Jones, R. Fong
 4 x 200 m 1 St. George
 A. Dunham, R. Sumner-III, P. Jones, R. Fong
 4 x 400 m 2 St. George
 A. Dunham, R. Sumner-III, P. Jones, C. Davis
 4 x 800 m 3 St. George
 E. James, R. Sumner-III, R. Parent, R. Fong
 3 x 1.1 1 St. George
 P. Jones, R. Fong, A. Dunham
 3 x 1.1 2 St. George
 P. Jones, R. Fong, A. Dunham
 3 x 200 1 St. George
 P. Jones, R. Fong, S. Scott
 3 x 400 2 St. George
 P. Jones, R. Fong, S. Scott

OPEN GRADE

4 x 100 m 7 St. George
 A. Dunham, S. Wilcox, J. Abdulla, R. Sumner-III
 4 x 200 m 2 St. George
 S. McClean, S. Wilcox, G. Scott, A. Peck
 4 x 400 m 4 St. George
 D. Wheat, S. Wilcox, C. Witheriff, G. Scott
 4 x 800 m 5 St. George
 P. Redden, S. McClean, G. McClean, P. Tonge
 3 x 1.1 3 St. George
 S. Wilcox, P. Jones, S. Scott
 3 x 1.1 2 St. George
 E. Mangrum, P. Jones, A. Scott
 3 x 200 6 St. George
 S. Wilcox, A. Peck, P. Tonge
 3 x 400 3 St. George
 R. Fong, A. Peck, P. Tonge

SOCIAL COMMITTEE REPORT

Although we did not have many social "get togethers" during the 1987 - 88 season, the harmony of the Club still shines when we meet, especially at Cranborough Park.

One enjoyable evening was spent when 77 members and friends attended the musical, "The Sound of Music." We don't know why only the ladies attended - you were missed a great deal!!!

Two attempts were made to organize a barbecue and a Stern but plans had to be cancelled, through lack of support. We would welcome ideas for social functions - please let us know what you would like. We are happy to organize these but we do need numbers of supporters to make anything successful.

Welcome to new members. It is good to see family groups encouraging young athletes.

We were sorry to hear that Mrs. Stella Spinkard was sick. Flowers were sent from all members and friends in the Club to wish her a speedy recovery.

We were all saddened by the news of Harry Coster's death. He is greatly missed by everyone.

Another "100 Club" will be starting soon and I thank everyone for their generosity in supporting this. My money raised is to financially assist our athletes in travel and accommodation when competing interstate.

Finally, I would like to thank all the ladies who worked so hard to ensure the smooth running of the Club - buying raffle prizes, selling tickets, making and serving afternoon tea, working on the sweets and drinks stall and extra work involved in catering for Championship Days.

Leslie Page, President.

COMMENTS ON ANNUAL FINANCIAL STATEMENTS

to Dennis Holliffe

Over the past five years, the Club's funds have fluctuated as follows:-

As at 31st March	Club Funds	Reserves
	£	£
1980	9,922.02	
1981	2,204.58	754.57
1982	4,245.73	740.74
1983	4,267.30	-478.91
1984	2,098.44	-114.89

This year the Club's General Fund has started on an even keel, mainly due to the generous donation of \$400 received from Bettercup Biberies and donations of \$322 from other sources. The Teams Fund payments exceeded receipts but there are substantial funds available, in Social Committee funds, for transfer to the Teams Fund, to build up balances.

During the year the Sandwich - Rotary Club Ltd was wound up and our Club received \$451.22 as a return from accrued interest and capital invested as debentures.

I would like to thank all members of the Executive for assistance they have provided in handling financial transactions over the past year. I would also like to thank Mr. David Carlisle who has diligently and conscientiously audited the Club's books now for several years.

TEAMS FUND PAYMENTS TO AND AMOUNTS RECEIVED
IN RESPECT OF INDIVIDUAL ATHLETES

	Payment £	Receipts (a) £
E. Argall	100.00	
J. Argall	40.00	20.00
C. Davis		2.50
D. Davison	50.00	
R. Henderson	150.00	
M. Irwin	25.00	
M. James	20.00	
F. Jones	50.00	
M. Lubrano	150.00	2.50
N. Nixon	75.00	
A. Woisier		25.00
J. Frouse	25.00	
P. Warren	75.00	10.00
D. Witheriff		2.50
	<u>100.00</u>	<u>90.00</u>

(a) Operator Donation.

CLUB RECORDS
CENTRO TEST 00 RECORD

100 metres	1. PLANT	10.4s	1951.77
200 metres	2. LONSDEN-DEE	20.8s	1974.79
400 metres	2. LONSDEN-DEE	48.7s	1974
800 metres	5. FOOTMAN	1:46.1s	1972
1500 metres	6. THOMAS	3:43.1s	1954
2000 metres	7. ANDRUSC	7:59.7s	1972
5000 metres	7. ANDRUSC	17:42.62s	7.10.72
10000 metres	7. ANDRUSC	36:09.7s	19.12.72
Marathon	L. CHITTY	2hr 15m 27s	7.12.80
110 w Hurdles	1. PLANT	17.7s	17.12.77
400 w Hurdles	4. SIV	51.7s	17.12.77
700 w Stairle	1. CHISHOLM	2s.8s	1967
High Jump	11. HERRLICH	1.81m	1967
Long Jump	1. E. DICKINSON	7.40m	1971
Triple Jump	11. C. DICKINSON	15.54m	1975
Pole Vault	11. KRANJEC	4.72m	1975
Shot 7.2575 lbs	1. CHANDLER	14.10m	1964
Discus 7 lbs	1. SIV	41.1m	1977
Javelin 500 g	11. BLYNE	24.14m	1975
Hammer 7.2575 lbs	11. BOBROVA	39.20m	9.10.77
Marathon	11. C. DICKINSON	2:59.41s	1978
1 Mile	11. THOMAS	7:55.2s	1964
50 Mile Road	11. EDWARDS	4hr. 29m 1s	1971
50 Mile Road	11. DRABLEY	4hr. 33m 27s	1.10.78
1 Hour Run	11. BRITMAN	10.770m	15.9.92
1 Mile Walk	11. F. JUSTIN	2:07s	1974
2 Mile Walk	11. E. JUSTIN	3:24.7s	1974
3 Mile Walk	11. F. JUSTIN	5:44.2s	1974
50.1 Mile	11. KINGTON	5hr 49m 21.5s	1975
4 x 100 w Relay	11. VAN DER VELDE, 11. VAN STAPPEN, 11. LONSDEN-DEE	41.5s	11.3.78
4 x 200 w Relay	11. ELI IVAN, G. COO, 11. VAN DER VELDE, 11. LONSDEN-DEE	1:27.3s	1.12.78
4 x 400 w Relay	11. LONSDEN-DEE, 11. POSTERGAU, 11. VAN DER VELDE, 11. VAN STAPPEN	2:45.5s	2.3.79
4 x 800 w Relay	11. FOOTMAN, C. COO, 11. DURN, E. BECHER	2:34.7s	1974
4 x 1500 w Relay	11. HANCOCK, G. FOOTMAN, 11. BLUCHER, T. COOT	15:40.4s	21.1.72

UNDER 20 BEST ON RECORD

100 metres	R. HENDERSON	18.40s	1950
200 metres	R. HENDERSON	38.10s	1950
400 metres	D. STEPHENSON	1:07.0s	1950
800 metres	J. HANCOCK	1:56.0s	1950
1500 metres	See one mile record		
2000 metres	L. WHITTY	5s 12.7s	1957
5000 metres	L. WHITTY	2s 20.0s	1957
10,000 metres	L. WHITTY	5m 30.4s	1957
3000m Walk	G. BREESE	15m 22.7s	1951
110 m Hurdles	U. KING	19.2s	21.12.57
400 m Hurdles	M. KING	50.2s	12.2.57
1500 m Steeplechase	U. COOK	51m 21.0s	1959
2000 m Steeplechase	H. JONES	53m 53.3s	22.3.51
High Jump	M. MEREDITH	1.90m	1952
Long Jump	G. FRIEND	7.09m	1954
Triple Jump	D. C. DICKINSON	11.70m	1952
Pole Vault	T. EMMY	3.50m	1959
Shot 5.4431 kg	I. DEWILYN	11.15m	1952
Discus 1.3 kg	A. SCOTT	47.22m	19.2.59
Javelin 800 g	G. OLYN	48.10m	1952
Hammer 5.4431 kg	A. SCOTT	59.92m	2.2.59
Pentathlon	M. DUFFITY	2088 pts	21.12.57
Decathlon	M. DUFFITY	5024 pts	1957
700 m Hurdles	U. KING	27.9s	17.1.57
1 Mile	J. HANCOCK	4m 12.0s	1950
1 Mile Walk	H. McLYSTER	7m 10.0s	1950
4 x 100 m Relay	A. DUNGER, G. BONE, D. SHUDEN, R. HENDERSON	43.10s	19.12.57
4 x 200 m Relay	C. LANE, P. MCCAFFREY, D. SHUDEN, R. HENDERSON	1m 29.70s	25.11.51
4 x 400 m Relay	R. ANDERTON, J. O'CONNOR, R. COLLETT, M. DUFFITY	3m 23.6s	12.2.57
4 x 800 m Relay	P. SAVER, C. BONE, G. CLARKE, J. HANCOCK	7m 09.4s	1950
4 x 1500 m Relay	L. WHITTY, G. ELLIOTT, G. McCOLLY, M. JONES	16m 31.2s	2.12.59
1 Hour Run	H. McCOURT	14.214m	19.9.52

WORLD LE RECORDS DETOPE

Commenced 1st August, 1902

100 metres	J. JERRELL	10.77s	11.17.02
200 metres	M. JAMES	22.49s	12.2.03
300 metres	M. JAMES	35.06s	12.2.04
400 metres	J. THORPE	1m 59.2s	24.10.07
1500 metres	A. BLAIR	7m 11.77s	12.2.03
2000 metres	R. EVANS	7m 50.4s	9.3.02
3000 metres	R. IRVING	1m 48.90s	8.12.07
500 m Hurdles .27m	P. JONES	15.00s	12.10.07
500 m Hurdles .27m	P. JONES	22.00s	25.11.07
700 m Hurdles	R. THORPE	5m 08.00s	18.3.03
High Jump	P. JONES	1.90m	15.10.02
Long Jump	L. BERRY	6.77m	11.12.02
Triple Jump	R. FOSB	12.70m	12.2.04
Pole Vault	P. JONES	2.75m	11.12.07
Shot 4.575 kg	J. HEALE	14.40m	12.2.02
Shot 1.5 lb	J. HEALE	44.70m	12.2.02
Javelin 700 g	J. HEALE	47.40m	2.10.03
Hammer 4.575 kg	R. FOSB	12.89m	2.10.03
1 - 100 m Relay	A. SPATE, H. SIMON, P. GARDIN		
	P. SUMMILL,	2m 17.57s	4.12.07

BRITISH TEST RECORDS

100 metres	E. CHATVER	10.0s	12.12.07
200 metres	R. HENDERSON	21.5s	11.10.06
300 metres	P. HENDERSON	40.5s	12.10.06
400 metres	P. GARDIN	1m 55.4s	14.10.07
1500 metres	L. WHITTY	7m 54.00s	7.1.77
2000 metres	L. WHITTY	8m 28.7s	15.12.77
3000 metres	L. WHITTY	14m 26.00s	1975
50,000 metres	L. WHITTY	70m 01.00s	1977
100 m Hurdles	G. RICE	12.8s	1974
110 m Hurdles	G. RICE	14.7s	1975
200 m Hurdles	M. THURLEY	25.7s	21.12.76
300 m Hurdles	M. DICE	39.7s	1975
400 m Hurdles	P. JONES	49.50s	26.2.07
High Jump	P. JONES	1.70m	15.11.01
Long Jump	M. RICE	6.44m	1975
Triple Jump	J. TERRY	13.8m	12.11.79
Pole Vault	J. BERRY	7.35m	21.3.79
Shot 4.575 kg	J. HEALE	14.71m	20.12.89
Shot 4 lb	J. HEALE	17.10m	1.7.01
Shot 8 lbs	P. PHILLIPS	19.55m	1959
Discus 7.5 kg.	J. HEALE	52.00m	12.10.01
Discus 200 g	J. JAMES	52.90m	1973
Javelin 700 g	J. HEALE	76.75m	7.11.81
Hammer 4.575 kg	R. THORPE	28.90m	1972
1500 m Relay	J. THORPE	7m 40.00s	25.11.77
5000 m Relay	J. THORPE	18m 50.00s	9.11.79
2 - 100 m Relay	A. MITCH, P. WEAVER,		

4 = 100 m Relay	A. WELLS, P. MCCAFFREY, C. SAMS, R. HENDERSON	44.7s	1,12.79
4 = 200 m Relay	B. WINTER, P. MCCAFFREY, C. SAMS, R. HENDERSON	1m 20.7s	2,17.79
4 = 400 m Relay	C. MOHR, P. MCCAFFREY, D. SANDOZ, P. HENDERSON	3m 37.4s	1,12.79
4 = 800 m Relay	R. POWELL, H. PAUL TITS, D. EATON, J. DEALE	9m 35.7s	25,1.21

UNDER 14 BEST OF RECORD.

Completed 1st August, 1962

100 metres	R. JANSEN	11.1s	15,10.87
200 metres	R. JANSEN	27.9s	15,10.85
400 metres	M. LIPPARD	49.7s	15,10.85
800 metres	P. SAMBERTI	1m 38.29s	20,0.82
1500 metres	F. WAPREN	4m 04.87s	24,2.87
5000 metres	D. KNIGHT	17m 34.06s	9,11.82
100 m Hurdles 714 m	G. SCOTT	18.96s	27,3.87
400 m Hurdles 714 m	D. DAVISON	69.7s	15,2.82
2000 m Steeplechase	S. KEENEY	7m 28.2s	12,2.87
1500 m Walk	G. SCOTT	9m 44.06s	20,15.82
High Jump	H. PAUL TITS	1.80m	3,18.87
Long Jump	M. LIPPARD	5.76m	25,2.87
Triple Jump	A. FEATA	10.99m	1,2.87
Shot 4.575 kg	H. PAUL TITS	13.29m	3,19.82
Discus 1.4kg	H. PAUL TITS	42.22m	3,19.82
Javelin 700 g	H. PAUL TITS	47.44m	24,10.82
4 = 100 m Relay	C. DAVID, C. WINTERIFF, M. LIPPARD, R. JANSEN	44.89s	4,12.87
4 = 200 m Relay	C. DAVID, C. WINTERIFF, M. LIPPARD, R. JANSEN	1m 20.17s	20,11.85
4 = 400 m Relay	M. LIPPARD, P. WAPREN, D. DAVISON		
4 = 800 m Relay	R. SANDOZ, P. WAPREN, P. WAPREN, H. LIPPARD	3m 37.79s	4,12.82
4 = 1500 m Relay	P. WAPREN, P. WAPREN, P. WAPREN, P. WAPREN, S. SANDOZ, D. SANDOZ	17m 38.49s	17,12.82

WINDS IN BEST ON RECORD

100 metres	H. STUB	11.3s	1972
	C. SLATYER	11.3s	15.7.77
	M. JENSEN	11.3s	16.10.82
200 metres	C. SLATYER	22.8s	15.7.77
400 metres	M. LINDHARD	52.10s	24.10.82
800 metres	N. LINDHARD	2m 01.2s	24.10.82
1600 metres	R. WOODS	4m 12.27s	24.2.83
3200 w Hurdles	D. LATHROP	7m 43.00s	26.11.74
70 w Hurdles	D. STUB	12.0s	1973
100 w Hurdles	P. FONG	15.1s	15.2.81
200 w Hurdles	D. STUB	27.0s	1971
High Jump	H. POLLARD	1.90m	16.9.81
Long Jump	P. FONG	4.13m	21.9.80
Triple Jump	G. HUTTON	12.56m	1975
Javelin 600 g	D. DAVISON	30.50m	18.10.82
Shot 4 lb	J. HEALE	12.70m	4.10.80
Shot 8 lbs	J. HEALE	19.90m	13.10.80
Discus 1 lb	J. HEALE	31.70m	5.10.80
50 Yds Hurdles	D. STEPHENSON	11.7s	1966
1 Mile Walk	K. WASHINGTON	5m 18.4s	1967
4 x 100 w Relay	C. DAVIS, C. HETHERINGTON, D. DAVISON, M. JENSEN	47.7s	29.1.87
4 x 200 w Relay	P. FONG, D. TARKENT, I. SPAY, J. HEALE	1m 38.7s	23.11.80
4 x 400 w Relay	D. FONG, D. WATSON, I. SPAY, J. HEALE	2m 48.9s	20.11.80
4 x 800 w Relay	P. FONG, I. SPAY, R. HEUTON, J. HEALE	4m 30.1s	22.11.80
4 x 1500 w Relay	M. LINDHARD, M. HEUTON, I. SPAY, N. CANDY	17m 21.7s	20.11.80

WINDS IN BEST ON RECORD

Commenced 1st August, 1990

100 metres	G. RAYES	12.1s	3.10.87
200 metres	A. ROTYER	24.4s	15.10.83
400 metres	M. HUTTON	56.21s	24.7.87
800 metres	M. HUTTON	2m 07.84s	27.2.83
1500 metres	M. HUTTON	4m 19.88s	24.2.83
High Jump	S. MURDOUGH	1.65m	6.11.82
Long Jump	S. MURDOUGH	4.07m	9.11.82
Triple Jump	S. MURDOUGH	11.51m	20.11.82
Shot 8.00 lb			
Discus 1 lb	M. HUTTON	20.42m	13.9.83
Javelin 600 g	D. DAVISON	39.40m	27.11.82
4 x 100 w Relay	M. HUTTON, H. TONG, T. JARVIS, A. SMITH	4m 01.23s	23.11.83
4 x 200 w Relay	D. DAVISON, D. WATSON, A. SMITH, G. HUTTON	9m 17.30s	17.11.87
4 x 400 w Relay	D. WHEATY, A. SMITH, T. BERRY, M. HUTTON	17m 40.94s	26.11.82

MADE 12 BEST ON RECORD

100 metres	F. SPARCKE	12.94	1977
	A. BEHREK	12.94	1977
200 metres	A. BEHREK	25.17s	1977
400 metres	N. DORRITY	52.72	1977
800 metres	M. SYMON	2m 17.90s	1977
1500 metres	M. BETHERRALL	4m 42.21	1977
1500 metres Hall	M. SPRINGDON	4m 10.05	1977
70 m hurdles	M. LING	42.30	1977
	A. SCOTT	42.34	1977
High Jump	J. TAYLOR	1.60m	1977
Long Jump	J. SPARCKE	3.17m	1977
Triple Jump	A. SCOTT	10.42m	1977
Shot 7 kg	J. TAYLOR	14.19m	1977
Shot 4 kg	J. TAYLOR	11.94m	1977
Discus	B. SCOTT	30.95m	1977
1 Mile	G. McILHONEY	5m 21.42	1977

AUSTRALIAN & STATE OVERSEAS REPRESENTATIVES

10,000 m Walk	E. E. AUSTEN	Paris Olympic Games	1924
10,000 m C.C.	C. MEERS	Wellington-Rust, C.C.C.	1929
10,000 m C.C.	A. A. GATHOFFERD	Wellington-Rust, C.C.C.	1925
100 yds High Jump	P. C. WICKSTEAD	Berlin Olympic Games	1936
440 yds hurdles	S. SEDGE (1937, 2m)	Auckland Empire Games	1930
Marathon	C. SPENCER (1937, 2m)	Helsinki Olympic Games	1932
1 Mile & 1 1/2 Mile	A. THOMAS	Cardiff Empire Games	1930
1500 metres	A. THOMAS (1940, 2m)	Rome Olympic Games	1940
5000 metres	A. THOMAS (1946, 2m)	Rome Olympic Games	1946
1500 m & 5000 m	A. THOMAS	Tokyo Olympic Games	1964
500 metres	S. ROOTHAM (1948, 2m)	Helsinki Olympic Games	1952
800 metres	D. ROOTHAM (1957, 2m)	Christchurch Commonwealth Games	1954
400 metres	S. BEE	N.Z. Games Christchurch	1975
110 m Hurdles	V. PLANT	N.Z. Games Christchurch	1975
Cross Country	L. BRITTY	N.Z. - Austral. Match	1979
5000 metres	J. ANDREWS (1948, 2m)	Pacific Conference Games	1961
10,000 metres	J. ANDREWS (1957, 2m)	Pacific Conference Games	1961
422,000 metres C.C.	J. ANDREWS	World C.C.C. Madrid	1961
10,000 metres C.C.	J. ANDREWS	World C.C.C. Bathurst	1967

CLUB AND SCHOOLS YESTERDAY REPRESENTED

Long Jump	W. BILLYER (S. 30m)	N.Z. Bases C'church Team	1975
500 metres	B. COOK (1456, Oct)	N.Z. Bases C'church Team	1975
110 & Hurdles	W. BIRD (15, Oct)	N.Z. Bases C'church Team	1975
150 metres	W. BIRD	Christchurch N.Z.	1977
Marathon	R. SOMERVELL (2hr23, 29)	N.Z. Hamilton Marathon	1975
Marathon	D. EDWARDS (2hr24, 51)	N.Z. Hamilton Marathon	1979
Marathon	J. SCOTT (2hr24, 04)	Boston Marathon	1976
1500 m & 1500 m	L. WHITTY	Christchurch Team N.Z.	1977
Shot & Discus	D. GILL	Christchurch Team N.Z.	1977
100 & 200 m	G. HENDERSON	N.Z.S. H.S.U. Schools	1961
5000 m & 5000 m	J. ANDREWS	U.K. & Europe	1972
100 m, 200 m, 400 m	P. HENDERSON	U.S. & Europe	1962

OUTSTANDING PERFORMANCES MADE OUTSIDE AUSTRALIA

1 Former World Record

200 Yards	J. BAILEY (Los Angeles)	1946.5s	1956
1 Mile	J. BAILEY (Los Angeles)	2:00.1s	1954
1 Mile	A. THOMAS (Dublin)	2:00.2s	1957
2 Miles & 2 Miles & 2 Miles &	A. THOMAS (Dublin)	9:32.0s	1956
4500 metres	A. THOMAS (Dublin)	17:12.0s	1956
1500 metres	A. THOMAS (Sweden)	3:42.0s	1950
7000 metres	A. THOMAS (Finland)	24:05.2s	1950
250 yards	J. WIDDUPY (U.S.A. 10.6.64)	1:50.2s	1954
7000 metres	L. WHITTY (N.Z. 1977)	14:17.5s	1977
Marathon	L. WHITTY (Fukuoka, Japan)	2hr17:00s	1980
7000 metres	J. ANDREWS (Hamilton, N.Z.)	16:00.0s	1961
7000 metres	J. ANDREWS (Auckland, N.Z.)	15:52s	1961
3000 metres	J. ANDREWS (Poland)	7:50.7s	1962

GENERAL FUND

STATEMENT OF RECEIPTS AND PAYMENTS FOR THE YEAR ENDED 31ST MARCH, 1954

RECEIPTS		PAYMENTS	
Annual Subscriptions	3195.00	General Staff Expenses	775.95
Donations	777.00	Legislation to A.S.A.	2545.00
Parties -		Prizes -	
C.F. Race Fees	1794.27	C.F. Trophies etc.	225.00
T&F Entry Fees	205.00	Hire of Bus - T&F	250.00
	1459.27		1825.04
Sale of Uniforms	450.00	Purchase of Uniforms	1174.75
General -		Salaries -	
Interest - Brit. Inv.	75.34	Purchase of Trophies	445.70
Banking Charges	415.00	Donation - Olympic Appeal	100.00
Capital Party Funded	1166.00	Insurance & Repair	40.00
Inflation Expenses	40.00	Football Party Exp.	1200.00
	2712.34	Purchase of Equipment	114.50
Total Receipts	7407.11	Maintenance of Equip.	75.12
Deficit to Council Statement	6.70		2167.71
	7413.81		3740.71
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	8704.11		8740.71
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FUND FUND

STATEMENT OF RECEIPTS AND PAYMENTS FOR THE YEAR ENDED 31ST MARCH, 1954

RECEIPTS		PAYMENTS	
Residual -		Entry Fees -	
Specialist	40.00	A.C.T. Relay Championships	75.00
Other	10.00	Road Relay	25.00
Refunds -		Prizes to Individuals	700.00
A.C.T. Relay Championships	250.00		
Social Committee -			
100 Club Receipts	250.00		
	550.00		
Total Receipts	610.00		
Deficit to Council Statement	701.00		

	299.00		811.00
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CONSOLIDATED STATEMENT OF RECEIPTS AND PAYMENTS
FOR THE YEAR ENDED 31ST MARCH, 1954

Bank at End 1.4.53	590.90	Deficit - General Fund	1.75
Residual - Railway Club (S.S.) -		Deficit - Taxes Fund	201.00
Return of Capital	471.70	Investment in Brit. Rail	75.74
	471.70	Cost of Bank 11.3.54	209.67
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	1062.60		487.16
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S P C I A L C O M M I T T E E F U N D S

STATEMENT OF RECEIPTS AND PAYMENTS FOR THE YEAR ENDED 31ST MARCH, 1964

RECEIPTS		PAYMENTS	
Cash at Bank 1.4.63	514.00	Contribution to Club - 100 Club	370.00
Build. Soc. Subscribed	1420.88	Other Payments	2925.80
1.4.63	-----		
100 Club Receipts	220.00		2925.80
Other Receipts	2201.05	Cash on Hand 31.3.64	191.26
	-----	Cash at Bank 31.3.64	724.14
		Build. Soc. Investment	2497.07
			2764.44

	\$4090.03		\$4090.03
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BALANCE SHEET AS AT 31ST MARCH, 1964

LIABILITIES		ASSETS	
Club Funds		Fixed Assets	
General Fund	5974.56	Equipment	1053.00
Trade Expenses Reserve	264.07	Less Depreciation	(175.00)
	-----		-----
		Current Assets	
		Cash on Hand	763.00
		Cash at Bank	624.67

		Investments	
		Building Society	226.74
		Stock Bonds (14,000)	3900.00

	\$4090.43		\$4090.43
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B. Duffell
Honorary Treasurer

AUDITOR'S STATEMENT

I have examined the books and vouchers of the St George District Amateur Athletic Club for the year ended 31st March, 1964 and report that the above Balance Sheet sets out a true and fair view of the state of the Club's affairs at that date.

J. Cartledge
Honorary Auditor