



## **St George District Athletic Club**

### **SUMMER CROSS COUNTRY 2011 – 2012 Program**

<b>DATE</b>	<b>VENUE</b>	<b>6.50 PM</b>	<b>7.10 PM</b>
<b>OCTOBER 2010</b>			
WED 19th	SCARBOROUGH PARK	2KM*	3KM*
WED 26th	GANNONS PARK	2KM*	3KM*
<b>NOVEMBER 2010</b>			
WED 2nd	SCARBOROUGH PARK	2KM	3KM
WED 9th	GANNONS PARK	2KM	3KM
WED 16th	SCARBOROUGH PARK	2KM	3KM
WED 23 <sup>rd</sup>	GANNONS PARK	2KM	3KM
WED 30 <sup>th</sup>	SCARBOROUGH PARK	2KM	4KM
<b>DECEMBER 2010</b>			
WED 7th	GANNONS PARK	2KM	3KM
WED 14 <sup>th</sup>	SCARBOROUGH PARK	2KM	4KM
WED 21 <sup>st</sup>	GANNONS PARK	2KM	3KM
<b>JANUARY 2011</b>			
WED 4 <sup>th</sup>	SCARBOROUGH PARK	2KM	4KM
WED 11th	GANNONS PARK	2KM	3KM
WED 18th	SCARBOROUGH PARK	2KM	4KM
WED 25 <sup>th</sup>	GANNONS PARK	2KM	3KM
<b>FEBRUARY 2011</b>			
WED 1st	SCARBOROUGH PARK	2KM	3KM
WED 18 <sup>th</sup>	GANNONS PARK	2KM	3KM
WED 15th	SCARBOROUGH PARK	2KM	3KM

Scarborough Park ----- Hawthorne St Ramsgate

Gannons Park ----- Southern car park via Forest Rd to Boatwright Ave Peakhurst.

\*These races are scratch, all other runs will be handicap unless conditions dictate otherwise.

Athletics NSW insists that all competing athletes be insured, therefore all runners must be registered. Unregistered runners wishing to race in these events are allowed two trialling runs, before registration.

Aggregate handicap pointscore trophies for the first three placings in each division.  
Fastest times pointscore trophies Male/Female in each division.

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