



St George District Athletic Club

SUMMER CROSS COUNTRY 2015– 2016 Program

DATE	VENUE	6.50 PM	7.10 PM
OCTOBER 2015			
WED 21st	SCARBOROUGH PARK	2KM*	3KM*
WED 28th	GANNONS PARK	2KM*	3KM*
NOVEMBER 2015			
WED 4th	SCARBOROUGH PARK	2KM	3KM
WED 11th	GANNONS PARK	2KM	3KM
WED 18th	SCARBOROUGH PARK	2KM	3KM
WED 25th	GANNONS PARK	2KM	3KM
DECEMBER 2015			
WED 2nd	SCARBOROUGH PARK	2KM	4KM
WED 9 th	GANNONS PARK	2KM	3KM
WED 16 th	SCARBOROUGH PARK	2KM	4KM
WED 23 rd	GANNONS PARK	2KM	3KM
JANUARY 2016			
WED 6th	SCARBOROUGH PARK	2KM	4KM
WED 13th	GANNONS PARK	2KM	3KM
WED 20th	SCARBOROUGH PARK	2KM	4KM
WED 27th	GANNONS PARK	2KM	3KM
FEBRUARY 2016			
WED 3rd	SCARBOROUGH PARK	2KM	3KM
WED 10 th	SCARBOROUGH PARK	2KM	3KM

Scarborough Park ----- Hawthorne St Ramsgate

Gannons Park ----- Southern car park via Forest Rd to Boatwright Ave Peakhurst.

*These races are scratch, all other runs will be handicap unless conditions dictate otherwise.

Athletics NSW insists that all competing athletes be insured, therefore all runners must be registered. Unregistered runners wishing to race in these events are allowed two trialling runs, before registration.

Aggregate handicap point score trophies for the first three placings in each division.

Fastest times pointscore trophies Male/Female in each division.

Enquiries - David Edwards 9528-8681, e-mail davide154@hotmail.com
or Kim Delaney 9597-7670 lynkim@optusnet.com