



St. George District Athletic Club, Inc.

Incorporated 1992. Successor to St. George District Amateur Athletic Club Founded 1921.

NSW Relay Championship Sydney Olympic Park Athletic Centre

19-20 November 2011

Team Place	Team	Event	Result
5	SGD 'A'	Women's 4x Shot Put Relay U18 Grace Robinson Tania Minutolo Emily Wilson Irene Minutolo	38.09m 12.71m 10.70m 7.51m 7.17m
4	SGD 'A'	Women's 4x Discus Throw Relay U18 Grace Robinson Tania Minutolo Stephanie Farmakidis Emily Wilson	108.02m 33.58m 27.70m 25.18m 21.56m
1	SGD 'A'	Women's 4x Javelin Throw Relay U18 Matilda Werner Stephanie Farmakidis Tania Minutolo Emily Wilson	117.79m 37.47m 29.69m 25.44m 25.19m
6	SGD 'A'	Women's 4x 800m Relay Open Robyn Basman Stephanie Beck Lucy Stewart Emma Millett	10:46.59
2	SGD 'A'	Women's 4x Javelin Throw Relay Open Sally Page Matilda Werner Alison Severino Stephanie Farmakidis	127.92m 34.32m 33.18m 32.52m 27.90m
1	SGD 'A'	Women's 4x 1500m Relay 160+ Suzanne Harrington Robyn Basman Karen Stanley Belinda Martin <i>(Meeting Record)</i>	20:14.91
1	SGD 'A'	Men's 4x Shot Put Relay U14 Pita Toamotu Mitchell Pepper George Farmakidis Lewis Thompson	46.29m 14.32m 37.01m 9.32m 25.44m

Team Place	Team	Event	Result
2	SGD 'A'	Men's 4x Discus Throw Relay U14	134.87m
		Pita Toamotu	41.77m
		Mitchell Pepper	37.01m
		George Farmakidis	30.65m
		Lewis Thompson	25.44m
2	SGD 'A'	Men's 4x Javelin Throw Relay U18	175.01m
		Hame Sele	46.28m
		Matthew Rees	45.52m
		Nathan Clarke	42.41m
		Mitchell Follent	40.80m
7	SGD 'A'	Men's 4x 400m Relay Open Heats	q 3:41.58
		Paul Windridge	
		Isaq Ali	
		Riley Delaney	
		Tim Hogan	
6	SGD 'A'	Men's 4x 400m Relay Open Final	3:48.24
		Paul Windridge	
		Isaq Ali	
		Riley Delaney	
		Tim Hogan	
7	SGD 'A'	Men's 4x 800m Relay Open	8:34.39
		Shannon Delaney	
		Paul Windridge	
		Todd Peters	
		Isaq Ali	
4	SGD 'A'	Men's 4x 1500m Relay Open	17:20.37
		Cale Bowd	
		Robbie Neill	
		Todd Peters	
		Tom Delaney	
11	SGD 'B'	Men's 4x 1500m Relay Open	19:12.85
		Paul Windridge	
		Isaq Ali	
		Paul Arthur	
		Brandon Nairn	
5	SGD 'A'	Men's 4x 800m Relay 200+	11:01.39
		Fintan Diviney	
		Peter Fitzpatrick	
		Dale Jones	
		Chris Mullen	
7	SGD 'B'	Men's 4x 800m Relay 200+	11:49.69
		Kim Delaney	
		Michael Kavanagh	
		Sean Hogan	
		David Burns	

Team Place	Team	Event	Result
2	SGD 'A'	Men's 4x 1500m Relay 200+ Paul Arthur Fintan Diviney Frank Scorzelli Henry Elliott	19:52.21
5	SGD 'B'	Men's 4x 1500m Relay 200+ Dale Jones Chris Mullen Robert Simpson Michael Kavanagh	23:14.10
8	SGD 'C'	Men's 4x 1500m Relay 200+ Jennelle Grinter David Beck Ray Millett David Burns	27:43.41
2	SGD 'A'	Men's 4x 800m Relay 240+ Sean Hogan Christopher Maver Vilis Gravitass Robert Simpson	13:21.04